



Tillamook County Resources

ADDICTIONS:

Call for listings of times and locations throughout Tillamook County

Alcoholics Anonymous-AA- Tel 503-842-8958

Narcotics Anonymous- Tel 503-842-9000

Gamblers Anonymous- Tel 503-842-8201

Celebrate Recovery-Tillamook Nazarene Church- 503-842-2549

FAMILY:

Child Care Resource and Referral: 1-877-333-4960

DA Support Enforcement officer, 503-842-3411

Dept. of Human Services: 4670 E. Third St.

Tillamook- 503-842-5571 and 503-842-4453

Headstart: Tillamook- 503-842-5180,

NKN- 503-368-5103, Beaver- 503-398-5175

Healthy Start, 2310 First Street, Suite 2, Tillamook, 503-842-2773

Juvenile Services: 201 Laurel Ave. Tillamook, 503-842-3417

Women's Resource Center: 503-842-9486
800-992-1679

MEDICAL:

TCHD South County Health Center, 34335 Hwy 101, Main floor, 503-392-4200

TCHD North County Health Center, 276 South Hwy 101, Rockaway Beach, 503-355-2700

TCHD Tillamook Central Health Center, 801 Pacific Ave, Tillamook, OR, 503-842-3900

Rinehart Clinic, 230 Rowe St., Wheeler, 800-368-5182

Tillamook County General Hospital
1000 3rd Street, Tillamook, 503-842-4444

MENTAL HEALTH/COUNSELING/ ALCOHOL AND DRUG COUNSELING:

Tillamook Family Counseling Center-
906 Main St.- 503-842-8201

FOOD:

God's Lighthouse,

103 8th St. Garibaldi- 503-322-3501

Nestucca Pass It On Ministries,

24425 Bunn Creek Rd. Beaver- 503-398-2803

Regional Food Bank of Tillamook County,

2105 4th St. Tillamook- 503-842-3154.

Salvation Army,

2105 4th St. Tillamook- 503-842-4035

Seventh Day Adventist Center-

2610 1st St. Tillamook- 503-842-5815

SNAP (Supplemental Nutrition Assistance

Program) (Formerly know as Food Stamps):

4670 E. 3rd. St. Tillamook- 503-842-4453 Ext. 222.

Tillamook Christian Center Pantry,

701 Marolf Loop- 503-842-6555

Tillamook Food Bank,

3808 12th St- 503-815-3880

United Methodist Church

3808 12th St- 503-842-2224

MEALS:

Senior Lunch Meal Sites:

Kiwanda Senior Center, 35490 Brooten Rd.

Pacific City, 503-965-7666

St. Mary's By the Sea, 34560 Parkway Dr.

Rockaway, 503-355-2345

Senior Citizen Center, 316 Stillwell Ave

Tillamook, 503-842-9660

United Methodist Church,

10th & A.St Nehalem, 503-368-5612

Supplemental Meal Sites:

First Christian Church, 2203 4th

Tillamook, 503-842-6213 Tues. & Wed. 4-6PM

St. Albans Monday Night Meal, 2102 6th St.

Tillamook, 503-842-6192 Mon. 4-6PM

Tillamook Jr. Hi School Sack Dinner,

2105 Fourth St. Tillamook 503-842-7531

Grub Club- summer lunch program for kids,

503-842-1812 or 503-842-3154

North County Food Bank, 278 Rowe St, Wheeler

503-368-7724 Tues. 1-3PM

TEEN SERVICES:

Boys & Girls Aid Society of Oregon. 800-342-6688
 Teen Parent and Child Program.

To qualify, you must be 14-21. 503-842-3244
 Tillamook Family Counseling Services, Family and
 Youth Service Team, 906 Main St.- 503-842-8201

SENIORS:

NorthWest Senior and Disability Services
 Don Wiesel, Tillamook County Services Manger
 4670 E. 3rd St. Tillamook- 503-842-9700

VETERANS:

County Veterans Services Officer- 503-842-4358

EMERGENCY:

American Red Cross-503-284-1234
 CARE. Provides a variety of emergency services,
 including utility bill help.
 2211 11th St. Tillamook. 503-842-5261
 Dept. of Human Services/Child Welfare.
 4670 E.3rd St. Tillamook. 503-842-5571
 NARA (Native American Rehabilitation Assn.
 Portland) 1-503-621-1069
 St. Vincent de Paul Hotline. Provides emergency
 services. 503-842-5586
 Suicide Hotline-1-800-273-8255
 Tillamook Ecumenical Council.
 St. Alban's Church, 2102 6th St.
 503-842-6912
 Tillamook Family Counseling Services,
 906 Main Ave, Tillamook. 503-842-8201
 Women's Resource Center, 503-842-9486

TRANSPORTATION:TRANSPORTATION:

Dial-A-Ride, 503-815-8283, (each way costs \$1)
 Medical Transport for OHP members: NW Ride
 Center- 866-811-1001
 The Wave. 3600 3rd St. Tillamook, 503-815-8283

CLOTHING:

Kit and Kaboodle Thrift Store 1911 First St.
 Tillamook- 503-842-8875
 Nestucca Pass It On Ministries, 24425 Bunn Cr. Rd.
 Beaver, Tues. 10AM-1PM, & Fr. 4PM-6PM
 503 -398-2803
 North County Food Bank, 278 Rowe St.
 Wheeler, Tues. 1PM-3PM. 503-368-7724
 Seventh Day Adventist Church, 2610 First St.
 Tillamook, Tues. & Thurs. 10AM-2PM.
 503-842-7182
 Teen Challenge Thrift Store 416 Main St.
 Tillamook- 503-842-4856
 Vouchers for thrift stores, CARE, Inc.
 2310 First St, Ste 2. Tillamook- 503-842-5261
 Wild Flower Thrift Store 114 Main St. Tillamook,
 503-842-2996

HOUSING:

CARE Emergency and Homeless Services,
 help with a variety of needs including Home
 Tenant Based Assistance 2310 First Street, Ste 2
 Tillamook- 503-842-5261
 Low Income Energy Assistance Program-
 503-842-5261.
 NOHA (subsidized housing), 1-888-887-4990 or
 503-861-0119

FREE FURNITURE AND APPLIANCES:

Salvation Army, Steve Forster
 2105 4th St. Tillamook- 503-842-4035

For updated lists please contact Erin Skaar at eskaar@careinc.org

TILLAMOOK COUNTY POVERTY TASK FORCE:

The Poverty Task Force is a concerned group working together to raise awareness of, and create solutions for, the issues of poverty in Tillamook County.