Tillamook County Resources

**ADDICTIONS:**
Call for listings of times and locations throughout Tillamook County
- Alcoholics Anonymous-AA- Tel 503-842-8958
- Narcotics Anonymous- Tel 503-842-9000
- Gamblers Anonymous- Tel 503-842-8201
- Celebrate Recovery-Tillamook Nazarene Church-503-842-2549

**FAMILY:**
- Child Care Resource and Referral: 1-877-333-4960
- DA Support Enforcement officer, 503-842-3411
- Dept. of Human Services: 4670 E. Third St.
- Headstart: Tillamook- 503-842-5180, NKN- 503-368-5103, Beaver- 503-398-5175
- Healthy Start, 2310 First Street, Suite 2, Tillamook, 503-842-2773
- Juvenile Services: 201 Laurel Ave. Tillamook, 503-842-3417
- Women’s Resource Center: 503-842-9486 800-992-1679

**MEDICAL:**
- TCHD South County Health Center, 34335 Hwy 101, Main floor, 503-392-4200
- TCHD North County Health Center, 276 South Hwy 101, Rockaway Beach, 503-355-2700
- TCHD Tillamook Central Health Center, 801 Pacific Ave, Tillamook, OR, 503-842-3900
- Rinehart Clinic, 230 Rowe St., Wheeler, 800-368-5182
- Tillamook County General Hospital 1000 3rd Street, Tillamook, 503-842-4444

**MENTAL HEALTH/COUNSELING/ALCOHOL AND DRUG COUNSELING:**
- Tillamook Family Counseling Center- 906 Main St.- 503-842-8201

**FOOD:**
- God’s Lighthouse, 103 8th St. Garibaldi- 503-322-3501
- Nestucca Pass It On Ministries, 24425 Bunn Creek Rd. Beaver- 503-398-2803
- Regional Food Bank of Tillamook County, 2105 4th St. Tillamook- 503-842-3154.
- Salvation Army, 2105 4th St. Tillamook- 503-842-4035
- Seventh Day Adventist Center- 2610 1st St. Tillamook- 503-842-5815
- SNAP (Supplemental Nutrition Assistance Program) (Formerly know as Food Stamps): 4670 E. 3rd St. Tillamook- 503-842-4453 Ext. 222
- Tillamook Christian Center Pantry, 701 Marolf Loop- 503-842-6555
- Tillamook Food Bank, 3808 12th St- 503-815-3880
- United Methodist Church 3808 12th St– 503-842-2224

**MEALS:**
- Senior Lunch Meal Sites:
  - Kiwanda Senior Center, 35490 Brooten Rd. Pacific City, 503-965-7666
  - St. Mary’s By the Sea, 34560 Parkway Dr. Rockaway, 503-355-2345
  - Senior Citizen Center, 316 Stillwell Ave Tillamook, 503-842-9660
  - United Methodist Church, 10th & A.St Nehalem, 503-368-5612
- Supplemental Meal Sites:
  - First Christian Church, 2203 4th Tillamook, 503-842-6213 Tues. & Wed. 4-6PM
  - St. Albans Monday Night Meal, 2102 6th St. Tillamook, 503-842-6192 Mon. 4-6PM
  - Tillamook Jr. Hi School Sack Dinner, 2105 Fourth St. Tillamook 503-842-7531
  - Grub Club- summer lunch program for kids, 503-842-1812 or 503-842-3154
  - North County Food Bank, 278 Rowe St, Wheeler 503-368-7724 Tues. 1-3PM

9/3/09
TEEN SERVICES:
Boys & Girls Aid Society of Oregon. 800-342-6688
Teen Parent and Child Program.
To qualify, you must be 14-21. 503-842-3244
Tillamook Family Counseling Services, Family and 
Youth Service Team, 906 Main St.- 503-842-8201

SENIORS:
Northwest Senior and Disability Services
Don Wiesel, Tillamook County Services Manager
4670 E. 3rd St. Tillamook- 503-842-9700

EMERGENCY:
American Red Cross-503-284-1234
CARE. Provides a variety of emergency services,
including utility bill help.
2211 11th St. Tillamook. 503-842-5261
Dept. of Human Services/Child Welfare.
4670 E. 3rd St. Tillamook. 503-842-5571
NARA (Native American Rehabilitation Assn.
Portland) 1-503-621-1069
St. Vincent de Paul Hotline. Provides emergency
services. 503-842-5586
Suicide Hotline-1-800-273-8255
Tillamook Ecumenical Council.
St. Alban’s Church, 2102 6th St.
503-842-6912
Tillamook Family Counseling Services,
906 Main Ave, Tillamook. 503-842-8201
Women’s Resource Center, 503-842-9486

TRANSPORTATION:
Dial-A-Ride, 503-815-8283, (each way costs $1)
Medical Transport for OHP members: NW Ride 
Center- 866-811-1001
The Wave. 3600 3rd St. Tillamook, 503-815-8283

CLOTHING:
Kit and Kaboodle Thrift Store 1911 First St.
Tillamook- 503-842-8875
Nestucca Pass It On Ministries, 24425 Bunn Cr. Rd. 
Beaver, Tues. 10AM-1PM, & Fr. 4PM-6PM
503 –398-2803
North County Food Bank, 278 Rowe St.
Wheeler, Tues. 1PM-3PM. 503-368-7724
Seventh Day Adventist Church, 2610 First St.
Tillamook, Tues. & Thurs. 10AM-2PM.
503-842-7182
Teen Challenge Thrift Store 416 Main St.
Tillamook- 503-842-4856
Vouchers for thrift stores, CARE, Inc. 
2310 First St, Ste 2. Tillamook- 503-842-5261
Wild Flower Thrift Store 114 Main St. Tillamook,
503-842-2996

HOUSING:
CARE Emergency and Homeless Services, 
help with a variety of needs including Home 
Tenant Based Assistance 2310 First Street, Ste 2 
Tillamook- 503-842-5261
Low Income Energy Assistance Program- 
503-842-5261.
NOHA (subsidized housing), 1-888-887-4990 or 
503-861-0119

FREE FURNITURE AND APPLIANCES:
Salvation Army, Steve Forster
2105 4th St. Tillamook- 503-842-4035

TILLAMOOK COUNTY POVERTY TASK FORCE:
The Poverty Task Force is a concerned group working together to raise awareness of, and create solutions for, the issues of pov-
erty in Tillamook County.

For updated lists please contact Erin Skaar at eskaar@careinc.org