



TILLAMOOK BAY  
COMMUNITY COLLEGE

FALL TERM 2020

# IMPORTANT DATES

## Fall Term 2020

**August 17**  
Fall Term Registration Begins

**September 7**  
Labor Day - Campus Closed

**September 20**  
Fall Registration Closes at Midnight

**September 21**  
Fall Term 2020 Begins

**September 25**  
Deadline to Drop a Course or Audit

**September 25**  
Deadline to Complete Payment or  
Payment Arrangements Due

**November 13**  
Last Day to Withdraw

**November 2**  
Winter Term Registration Begins

**November 26-27**  
Thanksgiving - Campus Closed

**November 30 - December 4**  
Finals Week

**December 5**  
Fall Term Ends

**December 21 -25 , 28 and Jan. 1**  
Winter Break

**January 3**  
Last Day to Register

**January 4**  
First Day of Winter Term

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Cover Photo:  
Medical Assisting student Montana Pullen demonstrates to instructor Kaisa Larson her skill in taking blood pressure. Montana is a student in the first Medical Assisting Cohort at Tillamook Bay Community College.

Photo Credit: Sayde Walker

*August 11, 2020 3:10 PM*

This publication is intended to inform students and residents about Tillamook Bay Community College's programs and services. It includes a listing of classes for the term and information about how to register. Every effort has been made to insure accuracy at the time of publication; however, the College reserves the right to make changes without prior notice. Tillamook Bay Community College Schedule of Classes (USPS #014-668) Summer 2020, Volume 25, Number 1, is published quarterly by Tillamook Bay Community College, 4301 Third St., Tillamook OR 97141-2525. Periodical Postage Rate is paid at Tillamook OR. POSTMASTER: Send all address changes to Tillamook Bay Community College, 4301 Third St., Tillamook OR 97141-2525.



# FALL TERM 2020

Welcome to Fall 2020 at Tillamook Bay Community College (TBCC). We hope everyone had a safe summer and are eager to get back to the books and classes. All of us here at TBCC are excited to have more students back on campus.

TBCC was fortunate to be able to reopen for summer term after being closed for most of the spring term and having all of our classes online. We did have some lab classes and other courses face to face for summer term, and they have gone well. We are planning to have almost half of our classes face to face in the fall term if the remainder of the summer term continues to go well.

The College has all the health protocols in place to work on keeping faculty, staff, and students safe this fall. Our reopening plan has been reviewed by the Tillamook County Health Department, approved by our Board of Education, and submitted to our Higher Education Coordinating Commission, all of which is following the Governor's Executive Order and Oregon Health Authority guidelines. Students will sign in at the lobby of the main campus when entering the building. Everyone must wear a mask. We will monitor the situation locally and statewide on a daily basis and make adjustments where needed to maintain the proper protocols. For those students concerned about taking face-to-face classes, there will be plenty of options for remote (Zoom) or totally online classes.

TBCC will have a lot of new program opportunities this year. We have our new Agricultural Technology program starting this fall. It will combine agricultural skills, including animal handling, with manufacturing and welding skills. The other new degree program this fall will be Healthcare Administration. This program will combine healthcare classes with business-related classes. We also plan to offer more community education classes after scaling back on those during the spring and summer terms.

We are starting our fourth year of the Career-to-Career scholarship program for degree seeking students that focuses on people in Tillamook County that have been out of high school or have not taken college classes for at least 5 years but want to attend college to learn a career or transfer to a university. It provides free tuition for a certificate or degree you are interested in pursuing. We are offering more of those scholarships this coming year so if you think you might be qualified and interested, please check with Student Services. In addition, we will be offering several other scholarships in the fall using our online program. Please take advantage of these opportunities to get some resources to help you with college costs.

We want all of you to have a successful and safe fall term and I look forward to seeing some of you on campus. We do hope some of you will become involved with our Associated Students of TBCC or the Phi Theta Kappa Honor Society. It looks great on your resume and will enhance your experience at the college. My door is always open to come by and say hi and let me know how you are doing. We are committed to helping you succeed in your educational goals.

Sincerely,  
Dr. Ross Tomlin  
President, TBCC



# WHAT'S NEW AT TBCC

## What will Fall Term look like at TBCC?

Fall term classes will be taught in many different modalities. Many will be taught online or through Zoom and many will be offered on campus. Students who attend class on campus will need to wear a face covering, only attend if they are feeling well, and will need to adhere to social distancing regulations.

If you need to check out a laptop computer or access a WiFi connection we can help. Please contact the TBCC library at 503-842-8222 ext. 1720 to learn how. Students can access our WiFi from the parking lot without having to enter the building. If you need support you can contact our IT team at 503-842-8222 ext. 1610 or 1620.

## Community Education, Workforce Training, and SBDC Classes

Community education, continuing education, workforce development classes and classes offered through the Small Business Development Center are scheduled for fall term and will be held if social distancing and safety protocols can be met. Many classes will be available online and through Zoom technology. Please see class listings beginning on page 23.

## FAQ

- **Do I need to wear a face covering to campus?**  
Yes. All students, staff, faculty, and guests on the campus must wear a face covering while on campus and meet social distancing/safety protocols.
- **Do I have to take classes on campus?**  
No. Many classes will be offered online or through Zoom. You can work with your advisor to create a plan that will keep you on track. We have computers you can check out from the library if you need support.
- **Can I meet my academic advisor in person?**  
Yes. You will need to schedule an appointment, wear a face covering, and observe all safety protocols. See page 6 for contact information.

## CAMPUS SAFETY IS IMPORTANT TO US!

- We have worked hard to put a plan in place that will ensure safety on our campus.
- All students will need to wear a face covering, sign in upon arrival, and maintain social distancing at all times.
- Classrooms have been arranged to maintain 6 feet between students. Labs have special protocols in place too.
- You can view the TBCC Campus Reopening Plan at <https://tillamookbaycc.edu/covid-19-information/>.

# WHAT'S NEW AT TBCC

## Welcome Robert Moore, TBCC Registrar



In early July, TBCC welcomed a new Registrar to the Student Services team. Robert Moore moved from Arkansas where he was born and raised, and spent the last four and a half years as the Assistant Registrar and Academic Advisor at the University of Arkansas Pulaski Technical College. Robert was a dual credit student in high school and started college at age 16. He earned his Associate of Applied Science in Electronic Technology just one year after high school. From there he pursued a Bachelor's of Science in Organizational Leadership with a minor in Political Science and finally went on to get his Masters in College Student Personnel with a certificate in advising.

Robert said it was during his own educational pursuits that he decided he wanted to be a student advisor and work in higher education. "I learned a lot as a student, so I have a pretty well rounded experience," he explained.

Being from a small town himself, Robert said he is looking forward to integrating more with the community. He is not only dedicated to community, but also to his career and to helping students succeed. "I can use my own experiences to show students how they can also be successful and get where they want to go," he said.

## Tillamook Works: A Student Internship Program

This summer, a new internship program for high school and college students launched called Tillamook Works. It is a career readiness program that connects high school and college students in Tillamook County to local businesses, organizations, and professionals, through internships and career exploration activities. The goal of the program is to "grow our own" workforce while providing students the tools and experience necessary to make informed career and professional decisions.

Internships provide a cost-efficient way for businesses to bring eager and talented workers into their company to support a variety of work functions, all while having a direct impact on a student and their professional and educational pathway. The Tillamook Works program gives interns a unique experience to learn new skills that they wouldn't have had otherwise.

The Tillamook Works program is supported by Tillamook Bay Community College, Neak-Kah-Nie School District, Nestucca Valley School District, Tillamook School District, and the Northwest STEM Hub. To learn more, contact Shelby Owsley, Tillamook Works Coordinator at (503) 842-8222 ext. 1090 or [shelbyowsley@tillamookbaycc.edu](mailto:shelbyowsley@tillamookbaycc.edu).



*TCCA Farm Store Manager Caleb Oaks with Jaden Spence. Jaden began an internship at the TCCA Farm Store over the summer through the Tillamook Works program.*



# WHERE TO FIND ASSISTANCE FALL 2020

## CAREER EDUCATION ADVISORS



### Sara Mustonen

Career Education Advisor  
(503) 842-8222 ext. 1150  
saramustonen@tillamookbaycc.edu



### Kellie McKeehan

Career Education Advisor  
Student Engagement Facilitator  
(503) 842-8222 ext. 1155  
kelliemckeehan@tillamookbaycc.edu



### Jenevieve Case

Career Education Advisor  
& STEP Advisor  
(503) 842-8222 ext. 1160  
jenevievecase@tillamookbaycc.edu



### Sara Hartford

Career Education Advisor  
(503) 842-8222 ext. 1165  
sarahartford@tillamookbaycc.edu

## FINANCIAL AID ADVISORS



### Sally Jackson

Financial Aid Advisor  
Veterans Services  
(503) 842-8222, ext. 1130  
sallyjackson@tillamookbaycc.edu



### Kelsey Jordan

Financial Aid Advisor  
(503) 842-8222, ext. 1135  
kelseyjordan@tillamookbaycc.edu

## ANNUAL NOTICE OF NONDISCRIMINATION

Tillamook Bay Community College offers a variety of certificates and degrees that can help lead to advancement in a variety of career fields. The college has an open admission policy; students must apply for admission and register for credit classes. The college will take steps to ensure that the lack of English language skills will not be a barrier to admission, participation in career technical education programs, or access to services, or activities.

Tillamook Bay Community College does not discriminate on the basis of race, color, national origin, disability, sex, age, religion, height/weight ratio, marital status, gender, gender identity, sexual orientation, organizational affiliation, political affiliation or protected veterans with regard to employment, admissions, access to education programs or activities as set forth in compliance with federal and state statutes and regulations.

Any persons having inquiries concerning Title II, Title IV, Title VI, or Title IX may contact: Pat Ryan, Director Facilities, Human Resources, Safety 4301 Third Street, Tillamook, Oregon, Room 122, Phone (503) 842-8222, ext. 1020. Any persons having inquiries concerning Section 504 may contact: Rhoda Hanson, Vice President of Student Services; 4301 Third Street, Tillamook, Oregon, Room 114, Phone (503) 842-8222, ext. 1110

# NEWS YOU CAN USE FALL 2020

## IF YOU NEED SUPPORT TO ATTEND TBCC WE ARE HERE TO HELP YOU!

**DISABILITIES SERVICES.** If you have a physical, learning, or emotional disability that you fear may impact your learning, contact Student Services to speak with a disability services coordinator before enrolling for the term at [studentservices@tillamookbaycc.edu](mailto:studentservices@tillamookbaycc.edu) or (503) 842-8222 ext. 1100.

**HOW TO PAY FOR COLLEGE.** Are you unsure how you are going to pay for classes? Contact our Financial Aid advisors BEFORE you enroll in classes to see how we can help! There are scholarships, grants, state, and federal aid options available. Let us help you navigate what opportunities may be best for you.

**TRANSFERRING CREDITS TO TBCC:** If you have credits from another college and would like to transfer those credits here, request an official transcript from that school to be sent to the TBCC Registrar as soon as possible. Contact Robert Moore at [robertmoore@tillamookbaycc.edu](mailto:robertmoore@tillamookbaycc.edu) or call 503-842-8222, ext. 1145 with questions.

**STEP:** If you receive SNAP benefits, the TBCC STEP program may be able to help you pay to take skill building classes. See ad on page 20 and contact Jenny Case to learn more.

## HOW TO APPLY FOR EMERGENCY FUNDS TO HELP YOU STAY IN SCHOOL

TBCC has emergency funds available to support students who have been impacted by an emergency situation in their life. If you are struggling and are considering dropping out of school, please contact our student services team to learn what options are available to you. You may be eligible to receive emergency funds. We all experience hardship; if you are in need, please reach out to [studentservices@tillamookbaycc.edu](mailto:studentservices@tillamookbaycc.edu), or (503) 842-8222 ext. 1100.

## EVERYONE IS WELCOME AT THE TBCC FOOD PANTRY DURING SCHOOL HOURS

TBCC has a Food Pantry to help meet our student's needs. During the Covid-19 pandemic we have moved the pantry to the lobby by the front door of the main campus building. It is open from 8:30 AM - 7:00 PM Monday - Thursday through August and the same time but Monday - Friday beginning in September. This means you have free access to food staples and personal hygiene items. The pantry is offered through a partnership with Oregon Food Bank Tillamook services. We hope you will use this resource.

# GETTING STARTED AT TBCC FALL 2020

Whether you are signing up to become a full-time, credit-seeking student, or taking a continuing education or community education class, you can apply at [www.tillamookbaycc.edu](http://www.tillamookbaycc.edu).

## STEP 1: APPLY FOR ADMISSION

Whether you are joining us for the first time or already have some college experience, TBCC has a place for everyone! To get started, visit our website, click on the "Future Student" tab, then the "Apply" tab. If you need assistance, we can help at 503-842-8222 ext.1100 or email [studentservices@tillamookbaycc.edu](mailto:studentservices@tillamookbaycc.edu).

## STEP 2: MEET WITH AN ADVISOR

If you are applying as a first-time TBCC student or a returning college student, you will need to speak with one of our career academic advisors before registration. During this meeting, you and your advisor will work together to make sure you take the right classes to meet your educational and career goals. This can be done over the phone. If you are a community education or continuing education student, this meeting is not required.

## STEP 3: REGISTER FOR CLASSES

First-time college students are required to attend a new student orientation before registering for courses. Orientation will take place in August and September. Please contact your Advisor to schedule a New Student Orientation to complete your registration process.

Email accounts are created upon Application. Temporary passwords are sent to your personal email on file with your application. If you are a previous TBCC student, you can call IT to reset your password.

## STEP 4: PAY FOR COLLEGE

### **Purchase Textbooks**

TBCC has an online bookstore available 24/7 through MBS Direct. Books can be purchased online 24 hours a day, 7 days a week. Have a question? Call (800) 325-3252. Current term textbooks and pricing are available at: [tillamookbaycc.edu/online-bookstore/](http://tillamookbaycc.edu/online-bookstore/)

### **Tuition and Fees**

	In-State Per Credit	Out-of-State Per Credit
Tuition	\$102	\$122
Universal Fee	\$14	\$14

#### **\*Additional Fees**

Tuition and fees paid by students help to pay for the support services offered by the college, such as library, technology, and other activities available for students. Course fees also support the costs of supplies, equipment, facility use, and additional instructional costs for specific courses.

\*Any additional fees are listed with the course description in MyTBCC within the course search. A complete listing of tuition and fees as well as additional out-of-state tuition costs is available from the TBCC Business Office.

### **Payment Options**

Tuition and fee payments can be made by cash, check, money order, VISA, MasterCard, American Express, or Discover Card. Payment arrangements must be made by 4:30 PM on the Friday of the first week of the term, or you will be charged a \$75 late-payment fee.

You may make a payment in person at the TBCC Cashier window on the main campus at 4301 Third St, Tillamook, OR from 8:30 AM to 4:30 PM except during the lunch hour.

- LOG INTO MyTBCC
- Click Students
- Click on Student Finances
- Click on the Pay using Nelnet button located under My Accounts Info.

By mail with a check or money order. Send to:

TBCC  
Attn: Business Office  
4301 Third St.  
Tillamook, OR 97141.

(Please write the student ID# on your payment).

For questions contact [paymentinformation@tillamookbaycc.edu](mailto:paymentinformation@tillamookbaycc.edu) or call (503) 842-8222 ext. 1240.



# GETTING STARTED AT TBCC FALL 2020

## Complete Course Information

To see full course descriptions, additional course fees, and additional course information go to [www.tillamookbaycc.edu](http://www.tillamookbaycc.edu) and click on MyTBCC in the top right corner.

1. Click on the Course Search Icon
2. Choose 2020 FALL Term from the dropdown menu
3. Choose Undergraduate Credit from the Division dropdown menu (or noncredit for community education classes)
4. Click Search at the bottom of the page then select any course for detailed information

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## Moodle Instructions

There are exciting new changes coming so please watch your TBCC email for instruction on how to login. All instructors teaching credit courses now use Moodle. Be sure to get familiar with this online format before your classes start.

1. Access your TBCC email account
2. Look for an email with your Moodle credentials
3. To access Moodle
  - Go to <http://tillamookbaycc.edu>
  - Click on Moodle (top right)
  - Enter your login credentials

Or, you can sign in using Single Sign On, instructions for this will be sent to your personal email account.

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## LIBRARY SERVICES

Central Campus, 2nd Floor  
4301 Third Street, Tillamook, OR 97141  
(503) 842- 8222, ext. 1720  
9:00 AM - 5:00 PM, Monday -Thursday (After Sept. 21  
open until 7:00 PM)  
9:00 - 4:30 Friday (Closed Fridays in July and August)

- Tutoring services
- Research assistance
- Laptop and calculator checkout
- Study rooms
- Computer use

# LEGEND FOR READING THIS SCHEDULE FALL 2020

## Day of Week Abbreviations

**U** = Sunday   **M** = Monday   **T** = Tuesday   **W** = Wednesday   **R** = Thursday   **F** = Friday   **S** = Saturday

## Areas of the County


**C** = Central   **N** = North   **S** = South

## Class Location Abbreviations

<b>ADVP1</b>	Adventist Professional Building 1, 980 Third St., Tillamook	<b>TBCC</b>	TBCC Central Campus 4301 Third St., Tillamook
<b>AHT</b>	Adventist Health Tillamook 1000 Third St., Tillamook	<b>TBCCN</b>	TBCC North (Neah-Kah-Nie High School) 24705 Hwy 101 N., Rockaway Beach
<b>CCC</b>	Clatsop Community College Merts Campus 6550 Liberty Ln, Astoria	<b>TBCCS</b>	TBCC South (Nestucca High School) 34660 Parkway Dr., Cloverdale
<b>DESC</b>	Location in course description	<b>THS</b>	Tillamook High School 2605 Twelfth St., Tillamook
<b>GM</b>	Garibaldi Museum 112 Garibaldi Ave., Garibaldi	<b>THS/CCC</b>	Tillamook High School / Career & College Center 2605 Twelfth St., Tillamook
<b>KCC</b>	Kiwanda Community Center 34600 Cape Kiwanda Dr. Pacific City	<b>THS/CCC/AS</b>	Tillamook High School / AG Shop 2605 Twelfth St., Tillamook
<b>MPSCC</b>	Manzanita Primary & Specialty Care Clinic 1044 Neahkahnie Creek Rd., Manzanita	<b>THS/CHRS</b>	Tillamook High School Chorus Room 2605 Twelfth St., Tillamook
<b>NCRD</b>	North County Recreation District 36155 Ninth St., Nehalem	<b>TJHS</b>	Tillamook Junior High School 3906 Alder Ln., Tillamook
<b>NHS</b>	Nestucca High School 34660 Parkway Dr., Cloverdale	<b>TMP</b>	Tillamook Medical Plaza1 100 Third St., Tillamook
<b>NKN</b>	Neah-Kah-Nie High School 24705 Hwy 101 N Rockaway Beach	<b>WARH</b>	Warrenton Hampton Hill 550 NE Skipanon Dr., Warrenton
<b>NVELEM</b>	Nestucca Valley Elementary 36925 Hwy. 101 S. Cloverdale	<b>WRKSR</b>	WorkSource Oregon 2101 Fifth St., Tillamook
<b>NWSDS</b>	NW Senior & Disability Services 5010 E. Third St., Tillamook	<b>YMCA</b>	YMCA 610 Stillwell, Tillamook
<b>PCMED</b>	Bay Shore Medical Clinic 38505 Brooten Rd., Pacific City		
<b>PRI</b>	Partners for Rural Innovation Center 4506 Third St., Tillamook		
<b>RCCH</b>	Rockaway Community Church 400 S Third Ave., Rockaway Beach		
<b>SDACH</b>	Seventh Day Adventist Church 2610 First St., Tillamook		
<b>TBA</b>	To Be Arranged		

# LEGEND FOR READING THIS SCHEDULE FALL 2020

## Legend for How the Course will be Taught and Textbook Options - **NEW!**

	Modality	Description	Fee (if Any)
F	Face to Face	This course will be offered entirely in a face to face format. Students will attend class at specified times and at a specified location.	N/A
H	Hybrid	This class will have some course material delivered remotely. Students will also at-attend class at specific times and at a specified location. 51% of the course content, or more, is delivered face to face.	\$15
R	Remote Synchronous	This class will have all course material delivered remotely. Students will be required to attend class sessions virtually at a specified time.	\$35
O	Online	This class will have all course material delivered remotely with no requirements for a student to attend class at a specified time or location.	\$35
	Open Education Resource (OER)	No cost for textbook	N/A
\$	Low cost course text	Low cost textbook, defined as under \$35	N/A

Enrollment in Online and Remote Synchronous courses is limited to residents of Oregon, Washington, and Idaho.

### FALL TERM DISCLAIMER








Due to restrictions related to the novel coronavirus pandemic, courses scheduled for Fall Term are subject to change. Courses/labs held on campus will require social distancing/safety protocols to be met. The goal is the safety of students and compliance with restrictions outlined by the Governor's Executive Order to ensure the safety of Oregon residents.

**The most up to date information regarding the status of classes for the term will be available at [www.tillamookbaycc.edu](http://www.tillamookbaycc.edu).**










**To learn more about campus operations during the coronavirus please visit <https://tillamookbaycc.edu/covid-19-information/>**



# CREDIT COURSES FALL 2020

Class Code	Course Name	Modality & Textbook	Date/Time	Instructor	Credits
<b>Agriculture</b>					
AG 221 01	Metals and Welding	F	9/21/2020 - 12/2/2020 MW 1:00 PM - 2:50 PM	Ron Carlbom	3 CR
<b>Allied Health</b>					
AH 100 01	Medical Terminology	O	9/21/2020 - 12/5/2020	Kaisa Larson	4 CR
AH 101 01	Phlebotomy	F	9/22/2020 - 12/3/2020 TR 3:30 PM - 5:30 PM	Jodi Richardson	4 CR
AH 112 01	Clinical & Admin. Procedure II	H	9/21/2020 - 11/30/2020 W 6:00 PM - 8:30 PM	Kaisa Larson	6 CR
AH 130 01	Today's Careers: Health	O	9/21/2020 - 12/5/2020	Kaisa Larson	2 CR
<b>Animal Science</b>					
ANS 121 01	Introduction to Animal Science	F	9/23/2020 - 12/2/2020 MW 1:00 PM - 2:30 PM	Pete Miller	4 CR
ANS 121 01	Introduction to Animal Science LAB	F	9/23/2020 - 12/2/2020 R 1:00 PM - 4:00 PM	Pete Miller	
<b>Art</b>					
ART 115 01	Basic Design - 2D Foundations	F	9/21/2020 - 12/3/2020 TR 10:00 AM - 1:00 PM	Karen Belanger	3 CR
ART 212 01	Modern Art History - Early 20th Century Revolutions	F 	9/21/2020 - 12/2/2020 MW 3:00 PM - 5:00 PM	Jared Schmidt	4 CR
<b>Business</b>					
BA 101 01	Introduction to Business	H 	9/22/2020 - 12/1/2020 T 6:30 PM - 8:30 PM	Tom Atchison	4 CR
BA 101 02	Introduction to Business	O 	9/21/2020 - 12/5/2020	Tom Atchison	4 CR
BA 177 01	Payroll Accounting	O	9/21/2020 - 12/5/2020	Michael Weissenfluh	3 CR
BA 206 01	Management Fundamentals	O 	9/21/2020 - 12/5/2020	Tom Atchison	3 CR
BA 211 01	Principles of Accounting I	O 	9/21/2020 - 12/5/2020	Michael Weissenfluh	4 CR
BA 218 01	Personal Finance	O 	9/21/2020 - 12/5/2020	Michael Weissenfluh	3 CR
BA 285 01	Human Relations in Organizations	O 	9/21/2020 - 12/5/2020	Tom Atchison	3 CR
<b>Biology</b>					
BI 100 01	Biology of Human Body Systems	O	9/21/2020 - 12/5/2020	Joe Meyer	4 CR
BI 101 01	Biology	O	9/21/2020 - 12/5/2020	Joe Meyer	4 CR
BI 101 01	Biology - LAB	H	9/22/2020 - 12/1/2020 T 6:30 PM - 9:30 PM	Joe Meyer	
BI 112 01	Cell Biology for Health Occupations	F	9/21/2020 - 12/5/2020 MW 3:30 PM - 5:30 PM	Bob Pietruszka	4 CR
BI 112 01	Cell Biology for Health Occupations - LAB	F	9/24/2020 - 12/3/2020 R 4:00 PM - 7:00 PM	Bob Pietruszka	

# CREDIT COURSES FALL 2020

Class Code	Course Name	Modality & Textbook	Date/Time	Instructor	Credits
<b>Biology - Continued</b>					
BI 211 01	Principles of Biology I	F	9/22/2020 - 12/3/2020 TR 9:00 AM - 10:30 AM	Bob Pietruszka	4 CR
BI 211 01	Principles of Biology I - LAB	F	9/25/2020 - 12/4/2020 F 9:00 AM - 12:00 PM	Bob Pietruszka	
BI 231 01	Human Anatomy and Physiology I	R 	9/21/2020 - 12/2/2020 MW 2:00 PM - 3:30 PM	Bob Pietruszka	4 CR
BI 231 01	Human Anatomy and Physiology I - LAB	F 	9/24/2020 - 12/3/2020 R 1:00 PM - 4:00 PM	Bob Pietruszka	
BI 231 01	Human Anatomy and Physiology I - LAB	F 	9/24/2020 - 12/3/2020 T 12:00 PM - 3:00 PM	Joe Meyer	
BI 234 01	Microbiology	F	9/21/2020 - 12/2/2020 MW 10:00 AM - 12:00 PM	Bob Pietruszka	5 CR
BI 234 01	Microbiology - LAB	F	9/22/2020 - 12/1/2020 T 1:00 PM - 4:00 PM	Bob Pietruszka	
<b>Chemistry</b>					
CH 221 01	General Chemistry	F	9/21/2020 - 12/2/2020 MW 10:00 AM - 12:00PM	Joe Meyer	5 CR
CH 221 01	General Chemistry - LAB	F	9/24/2020 - 12/3/2020 R 9:00 AM - 12:00 PM	Joe Meyer	
<b>Computers</b>					
CAS 133 01	Basic Computer Skills/Microsoft Office	O 	9/21/2020 - 12/5/2020	Michael Weissenfluh	4 CR
CS 161 01	Computer Science I	O 	9/22/2020 - 12/3/2020	Chris Carlson	4 CR
<b>College Success</b>					
CG 100 01	College Survival and Success	F 	9/21/2020 - 12/2/2020 MW 8:30 AM - 10:00 AM	John Sandusky	3 CR
CG 100 02	College Survival and Success	F 	9/22/2020 - 12/3/2020 TR 5:00 PM - 6:30 PM	John Sandusky	3 CR
CG 100 03	College Survival and Success	O 	9/21/2020 - 12/5/2020	Coleman Joyce	3 CR
CG 100 04	College Survival and Success for AG	R 	9/22/2020 - 12/3/2020 MW 10:00 AM - 11:30 AM	Megan Deane McKenna	3 CR
<b>Criminal Justice</b>					
CJA 101 01	Cultural Diversity in CJ Professions	F	9/22/2020 - 12/1/2020 T 5:30 PM - 6:30 PM	Ryan Connell	1 CR
CJA 105 01	Introduction to Criminal Justice Systems: Police, Courts & Corrections	F	9/22/2020 - 12/3/2020 TR 1:00 PM - 3:00 PM	Paul Letersky	4 CR

# CREDIT COURSES FALL 2020

Class Code	Course Name	Modality & Textbook	Date/Time	Instructor	Credits
<b>Criminal Justice Cont.</b>					
CJA 210 01	Arrest, Search, and Seizure	F	9/21/2020 - 11/30/2020 W 5:30 PM - 8:30 PM	Jeremy Dietrich	3 CR
CJA 214 01	Criminal Investigation	F	9/21/2020 - 12/1/2020 M 5:30 PM - 8:30 PM	Jeremy Dietrich	3 CR
<b>Communications</b>					
COMM 111 01	Public Speaking	F	9/22/2020 - 12/3/2020 TR 10:00 AM - 12:00 PM	Steve Dutton	4 CR
COMM 111 02	Public Speaking	O	9/21/2020 - 12/5/2020	Michele DeGraffenreid	4 CR
COMM 214 01	Interpersonal Communication: Process & Theory	F	9/21/2020 - 12/2/2020 MW 12:00 PM - 2:00 PM	Richard Jenks	4 CR
<b>Economics</b>					
EC 215 01	Economic Development in the US	O 	9/21/2020 - 12/5/2020	Darryl Spitzer	4 CR
<b>Education</b>					
ED 224 01	Foundations of Education	F	9/23/2020 - 12/3/2020 W 5:30 PM - 8:30 PM	Kandi Spitzer	3 CR
<b>English</b>					
ENG 104 01	Introduction to Fiction	R	9/21/2020 - 12/2/2020 MW 2:00 PM - 4:00 PM	Sydney Elliott	4 CR
ENG 253 01	Survey of American Literature I	O \$	9/21/2020 - 12/5/2020	Sydney Elliott	4 CR
<b>Forestry</b>					
FOR 111 01	Introduction to Forestry	F	9/22/2020 - 12/3/2020 TR 5:00 PM - 6:00 PM	Aaron Inman	3 CR
FOR 111 01	Introduction to Forestry - LAB	F	9/21/2020 - 11/30/2020 M 12:00 PM - 3:00 PM	Aaron Inman	
FOR 240 01	Forest Biology	R 	9/21/2020 - 12/2/2020 MW 4:30 PM - 6:00 PM	Daniel Deane McKenna	4 CR
FOR 240 01	Forest Biology - LAB	F 	9/26/2020 - 12/5/2020 S 9:00 AM - 12:00 PM	Daniel Deane McKenna	




# CREDIT COURSES FALL 2020

Class Code	Course Name	Modality & Textbook	Date/Time	Instructor	Credits
<b>Health Education</b>					
EMS 100 01	Introduction to Emergency Medical	F	9/24/2020 - 12/3/2020 R 5:30 PM - 8:30 PM	Jodi Richardson	3 CR
HE 110 01	CPR/AED for Professional Rescuers and Health Care Providers	F \$	10/3/2020 - 10/4/2020 SU 9:00 AM - 4:00 PM	Jodi Richardson	1 CR
HE 112 01	Standard First Aid and Emergency Care	F \$	10/24/2020 - 10/25/2020 SU 9:00 AM - 4:00 PM	Jodi Richardson	1 CR
HE 295 01	Health and Fitness for Life	O	9/21/2020 - 12/5/2020	Kaisa Larson	2 CR
PE 295 01	Health and Fitness for Life LAB	O	9/21/2020 - 12/5/2020	Molly Carlson	1 CR
PE 182A01	Beginning Group Fitness	O	9/21/2020 - 12/5/2020	Molly Carlson	1 CR

## History

HST 101 01	Western Civilization: Ancient to Modern	F 	9/22/2020 - 12/3/2020 TR 1:00 PM - 3:00 PM	John Sandusky	4 CR
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## Horticulture

HORT 111 01	Introduction to Horticulture	O 	9/21/2020 - 12/2/2020	Julia Wentzel	3 CR
HORT 111 01	Introduction to Horticulture - LAB	F	9/22/2020 - 12/1/2020 T 9:00 AM - 12:00 PM	Julia Wentzel	








## Library Science

LIB 101 01	Library Research and Beyond: Find, Select, and Cite	O 	9/21/2020 - 12/5/2020	Masyn Phoenix	1 CR
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## Manufacturing and Industrial Technology

APR 121 01	Introduction to Electricity and Circuits	F	9/24/2020 - 12/1/2020 R 5:00 PM - 7:50 PM	Dennis Welch	3 CR
APR 221 01	Advanced AC Circuitry	F	9/22/2020 - 12/1/2020 T 5:00 PM - 7:50 PM	Clif Perkins	3 CR
APR 224 01	Electrical Code - Level I	F	9/21/2020 - 12/5/2020 W 5:00 PM - 8:50 PM	Clif Perkins	4 CR
ELT 125 01	Basic Programmable Controllers	F	9/23/2020 - 12/3/2020 W 1:00 PM - 3:50 PM	Joshua Huffman	2 CR
IMT 100 01	Introduction to Trades	O 	9/21/2020 - 12/5/2020	Darryl Spitzer	1 CR
IMT 102 01	Industrial Safety (OSHA)	O 	9/21/2020 - 12/5/2020	Darryl Spitzer	4 CR
IMT 105 01	Industrial hydraulics I	F	9/23/2020 - 12/2/2020 R 5:00 PM - 8:50 PM	Nic Voss	3 CR
MCH 121 01	Machining 1	F	9/21/2020 - 11/30/2020 M 5:00 PM - 8:50 PM	Andrew Mata	3 CR

# CREDIT COURSES FALL 2020

Class Code	Course Name	Modality & Textbook	Date/Time	Instructor	Credits
<b>Math</b>					
MTH 095 01	Intermediate Algebra	F 	9/22/2020 - 12/3/2020 TR 2:00 PM - 4:00 PM	Heidi Coulter	4 CR
MTH 099 01	Math with Aleks	F	9/22/2020 - 12/1/2020 TR 9:00 AM - 11:00 AM	Heidi Coulter	4 CR
MTH 099 02	Math with Aleks	F	9/21/2020 - 12/2/2020 MW 5:00 PM - 7:00 PM	Ronald Neu	4 CR
MTH 099 03	Math with Aleks	O	9/21/2020 - 12/5/2020	Chris Carlson	4 CR
MTH 105 01	Applied Math	F 	9/21/2020 - 12/5/2020 TR 2:00 PM - 4:00 PM	Geza Laszlo	4 CR
MTH 111 01	College Algebra	O 	9/21/2020 - 12/5/2020	Chris Carlson	4 CR
MTH 111 02	College Algebra	F 	9/21/2020 - 12/2/2020 MW 3:00 PM - 5:00 PM	Geza Laszlo	4 CR
MTH 112 01	Elementary Functions	F 	9/21/2020 - 12/5/2020 TR 10:30 AM - 12:30 PM	Geza Laszlo	5 CR
MTH 211 01	Foundations of Elementary Math I	F	9/21/2020 - 12/2/2020 MW 10:00 AM - 12:00 PM	Geza Laszlo	4 CR
MTH 251 01	Calculus I	O	9/21/2020 - 12/2/2020	Chris Carlson	4 CR
<b>Music</b>					
MUS 108 01	Music Cultures of the World	O	9/21/2020 - 12/5/2020	Denise Reed	3 CR
<b>Philosophy</b>					
PHL 201 01	Being and Knowing	O	9/21/2020 - 12/5/2020	John Sandusky	4 CR
<b>Physical Science</b>					
G 201 01	Introduction to Physical Geology	O 	9/21/2020 - 12/5/2020	Genifer Lara	4 CR
GS 106 01	Physical Science (Geology)	O	9/21/2020 - 12/5/2020	Genifer Lara	4 CR
GS 109 01	Physical Science (Meteorology)	F/H	9/21/2020 - 12/5/2020 TR 1:00 PM - 3:00 PM	Pat Bening	4 CR
<b>Political Science</b>					
PS 204 01	Comparative Politics	F 	9/25/2020 - 12/4/2020 F 1:00 PM - 5:00 PM	Zachary Hamilla	4 CR
<b>Philosophy</b>					
PSY 101 01	Psychology and Human Relations	F	9/21/2020 - 12/2/2020 MW 3:00 PM - 5:00 PM	Dustin Young	4 CR
PSY 201 01	Introduction to Psychology, Part I	F	9/22/2020 - 12/3/2020 TR 8:00 AM - 10:00 AM	David Coulter	4 CR

# CREDIT COURSES FALL 2020

Class Code	Course Name	Modality & Textbook	Date/Time	Instructor	Credits
<b>Reading</b>					
RDWR 115 01	College Reading and Writing	F	9/22/2020 - 12/3/2020 TR 2:00 PM - 4:00 PM	Laura Moore	5 CR
RDWR 115 02	College Reading and Writing	R	9/21/2020 - 12/2/2020 MW 3:00 PM - 5:00 PM	Andrea Ware	5 CR
<b>Sociology</b>					
SOC 204 01	Sociology in Everyday Life	O \$	9/21/2020 - 12/5/2020	Adelynn Drescher	4 CR
<b>Spanish Language</b>					
SPA 101 01	First Year Spanish: Term 1	H	9/22/2020 - 12/1/2020 T 5:30 PM - 8:30 PM	Cara Elder	4 CR
SPA 201 01	Second Year Spanish: Term 1	F 	9/22/2020 - 12/3/2020 TR 2:30 PM - 4:30 PM	Isa De Quesasda	4 CR
<b>Welding</b>					
WLD 111 01	SMAW 1	F	9/21/2020 - 12/2/2020 MW 1:00 PM - 2:50 PM	Ron Carlborn	3 CR
WLD 120 01	Welding Lab	F	9/22/2020 - 12/3/2020 TR 2:00 PM - 4:50 PM	Gina Maack	2 CR
WLD 170 01	GMAW I	F	9/24/2020 - 12/3/2020 M 5:00 PM - 8:50 PM	Nic Voss	3 CR
WLD 201 01	GTAW I	F	9/21/2020 - 12/2/2020 MW 3:00 PM - 4:50 PM	Ron Carlborn	3 CR
WLD 261 01	Fabrication I	F	9/21/2020 - 12/2/2020 TR 5:00 PM - 8:50 PM	Ron Carlborn	4 CR
<b>Writing</b>					
WR 121 01	English Composition I	R \$	9/22/2020 - 12/3/2020 TR 11:00 AM - 1:00 PM	Michele DeGraffenreid	4 CR
WR 121 02	English Composition I	R \$	9/21/2020 - 12/5/2020 MW 5:30 PM - 7:30 PM	Andrea Ware	4 CR
WR 121 03	English Composition I	O \$	9/21/2020 - 12/5/2020	Heather Clark	4 CR
WR 122 01	English Composition II	H \$	9/24/2020 - 12/3/2020 R 4:00 PM - 6:00 PM	Sydney Elliott	4 CR
WR 122 02	English Composition II	O \$	9/21/2020 - 12/5/2020	Heather Clark	4 CR



# COLLEGE PREPARATION FALL 2020

TBCC cares about all of our students and we want to see each of you succeed. Improving your skills is the key to earning a better paying job or advancing in the job you are in.

College preparation courses are dedicated to preparing students for higher education or employment through the following programs:

- Adult Basic Education Program
- GED Preparation- English and Spanish
- English for Speakers of Other Languages

We offer day and night classes to fit school around the rest of your life, and course materials are available in Spanish and English. You may begin courses at any time.

*El colegio de TBCC se preocupa por todo los estudiantes, queremos ver cada uno de ustedes triunfar. Mejorando sus habilidades es la clave para ganar un trabajo mejor pagado, avanzar en el trabajo en el cual ya estas, o para continuar en un programa de colegio. Ofrecemos clases por día y por la noche para adaptar la escuela alrededor del resto de su vida.*



Tome su GED en  
ESPANOL

TBCC is now offering its GED Preparation classes and Adult Basic Education classes in Spanish.

Learning in all classes can be self-paced and students can benefit from individualized assistance, or small group work.

To find more information about class times, look for the classes marked "SPANISH" on the following pages.

*Para obtener más información sobre los horarios de las clases, busque las clases marcadas con "ESPAÑOL" en las siguientes páginas.*

## About the Courses

**Adult Basic Education Program (ABE)** classes are designed for adult learners who need to learn or re-learn basic skills to meet work, educational, or personal goals.

**General Equivalency Diploma (GED)** Tillamook Bay Community College can assist you in obtaining the equivalent to a high school diploma, the GED, which will enable you to pursue further education, improve your employment status or fulfill a personal goal. Financial assistance may be available to cover the cost of GED testing fees.

**English for Speakers of Other Languages (ESOL)** will help students develop their English language skills. Topics will include grammar, writing, reading, vocabulary development, pronunciation, and conversation skills.

## New Students Begin Here

We want to help you get started! You may begin these courses at any time during the term. Each term is 11 weeks and the total cost for the term, no matter when you enroll, is only \$15. For more information, please contact Student Services at (503) 842-8222 ext. 1100.

## What is the GED® test like?

The GED® test has been updated to make sure it measures what graduating high school seniors know and what colleges and employers will expect of you.

### Four (4) parts:

- Science (90 minutes)
- Social Studies (90 minutes)
- Reasoning Through Language Arts (150 minutes including a 10-minute break)
- Mathematical Reasoning (155 minutes)

# COLLEGE PREPARATION FALL 2020

Class Code	Course Name	Date Days/Time	Location	Instructor
<b>Adult Basic Education (ABE)</b>				
<b>ABE 7602</b>	<b>Adult Basic Education</b>			
Provides instruction for adults to improve their mathematic, reading, or writing skills for academic, employment, or personal goals. A fee is charged for this class.				
<b>ABE 7602-01</b>		9/21/2020 - 12/3/2020 MTWR 4:00 - 6:50 PM	TBCC	Irvin Jacob
<b>ABE 7605</b>	<b>College Transitions - Math</b>			
Use of whole numbers, fractions, and decimals to write, manipulate, interpret and solve application and formula problems.				
<b>ABE 7605 -01</b>		9/22/2020 - 12/3/2020 TR 4:00 - 5:50 PM	TBCC	Irvin Jacob
<b>ABE 7606</b>	<b>College Transitions - Reading</b>			
Instruction in vocabulary, dictionary use, motor skills, comprehension, some study skills.				
<b>ABE 7606 - 01</b>		9/21/2020 - 12/2/2020 MW 4:00 - 4:50 PM	TBCC	Irvin Jacob
<b>ABE 7607</b>	<b>College Transitions - Writing</b>			
Instruction includes basic communication skills, language mechanics, grammar, spelling, sentence structure and paragraph				
<b>ABE 7607 - 01</b>		9/21/2020 - 12/2/2020 MW 4:00 - 5:50 PM	TBCC	Irvin Jacob
<b>English for Speakers of Other Languages (ESOL)</b>				
<b>ESOL 7450 ESOL A - Integrated Skills</b>				
Stresses beginning English skills related to work, education, community, and personal goals. Focuses on basic literacy in reading, writing, listening and speaking. Introduces basic grammar to support functional communication.				
<b>ESOL 7450 - 01</b>		9/21/2020 - 12/2/2020 MW 5:00 - 6:30 PM	TBCC	Isa De Quesada
<b>General Equivalency Diploma (GED) Preparation</b>				
<b>GED 7500</b>	<b>GED Preparation</b>			
Prepare for the GED examination by improving mathematic, reading, writing, social studies and science skills. A fee is charged for this class.				
<b>GED 7500 - 01</b>		9/21/2020 - 12/3/2020 MTWR 4:00 - 6:50 PM	TBCC	Irvin Jacob
<b>GED 7500</b>	<b>GED Preparation (Spanish)</b>			
<b>GED 7500 - 02</b>		9/21/2020 - 12/2/2020 MW 6:30 - 8:20 PM	TBCC	Isa De Quesada
		6/22/2020 - 8/26/2020 T 5:00 - 8:20 PM	Online/Remote	Isa De Quesada

# Are you receiving SNAP Benefits?

## You may be eligible for **STEP!**

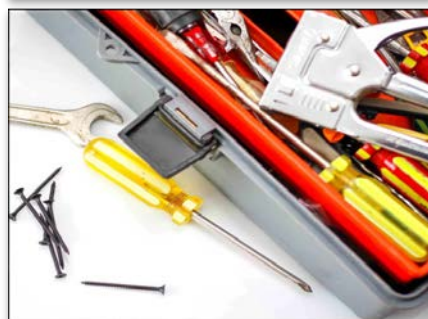
*(SNAP Training & Employment Program through Tillamook Bay Community College)*

Do you need help starting a career? Would improving your skills help you advance in your current position?  
**STEP** can help you get started!

### Programs Include:

- Phlebotomy
- Emergency Medical Technician (EMT)
- Entry Level Accounting
- Basic Healthcare Certificate
- Criminal Justice
- Commercial Driver's License (CDL)
- Real Estate Pre-License Training
- Computer Literacy
- Construction & Contractor's Board (CCB) Exam Prep Class
- Skill building classes such as Quickbooks

Participants may receive financial assistance with classes, trainings, supplies and transportation. College navigation, career exploration and job search support is also available!



**Assistance for GED & ABE students is available!**

For information contact Jenny Case

**503-842-8222 ext.1160**

**[jenevievecase@tillamookbaycc.edu](mailto:jenevievecase@tillamookbaycc.edu)**

**TILLAMOOK BAY**  
COMMUNITY COLLEGE

Funding for this project was provided by the United States Department of Agriculture. USDA is an equal opportunity employer, provider and lender.

Tillamook Bay Community College is an equal opportunity educator and employer.

TBCC Facilities are ADA accessible. For questions regarding access or accommodations please contact: Pat Ryan, Director: Human Resources, Facilities, and Safety; 4301 Third Street, Tillamook, OR. 97141. 503-842-8222 x1020 with seven days advance notice.



# Did You Know??



## The Tillamook Bay SBDC is here to help you with....

- Free Advising
- CCB Test Prep
- Capital Access Team
- Market Research
- Cybersecurity
- QuickBooks Assistance
- Business Planning
- Real Estate Broker
- Pre-Licensing
- And so much more.....

TILLAMOOK BAY  
COMMUNITY COLLEGE

**Call today for more info!**  
**503-842-8222 x1420**

business  
**oregon**

AMERICA'S  
**SBDC**  
OREGON

**TILLAMOOKSBDC@BIZCENTER.ORG**  
**OR VISIT US AT BIZCENTER.ORG/TILLAMOOK**

POWERED BY  
**SBA**  
U.S. Small Business  
Administration



# TRUCK DRIVER TRAINING

*This program gets you ready to be able to apply for really good paying jobs... \$5,000 and four weeks and you are ready to apply for \$50,000 to \$80,000 per year jobs, that's pretty cool.*

*-Kyle Tuinstra, program graduate*

According to Indeed.com, the average truck driver salary in Oregon is \$65,512 per year.

Worksource Scholarships and VA Funding are available

**Employers are looking for qualified Truck Drivers. After taking TBCC's four week Truck Driver Training course, that could be YOU!**

**NEW:** CDL Refresher Course for drivers with a lapsed CDL license. Call to schedule a time.

Contact us today! Let us help you get started in one of our upcoming classes.

**Sept 21 - Oct 16\***

**Oct 26 - Nov 20**

**Jan 4 - Jan 29, 2021\***

**Feb 15 - Mar 12**

\* This class takes place in Astoria

To receive a registration packet, call (503) 842-8222 ext 1320

or go to:

[www.tillamookbaycc.edu](http://www.tillamookbaycc.edu)

Click on Academic Programs and select Commercial Drivers Training



# WORKFORCE AND CAREER TRAINING FALL 2020

## Fall TERM DISCLAIMER

Due to restrictions related to the novel coronavirus pandemic, community education, continuing education, and workforce development classes will be held if TBCC and our partner organizations we are allowed to provide face-to-face instruction and if social distancing/safety protocols can be met. The goal is the safety of students and compliance with restrictions outlined by the Governor's Executive Order to ensure the safety of Oregon residents.

**The following courses are all subject to change based on the Governor's Executive Order. The most up to date information regarding the status of classes for the term will be available at [www.Tillamookbaycc.edu](http://www.Tillamookbaycc.edu).**

### Truck Driver Training - CDL Preparation

#### Truck Driver Training: CDL Certification

C

An overview and introduction to the safe operation of a commercial vehicle and the field of logistics. Course content includes the operation of basic and secondary control systems, coupling and uncoupling a tractor and trailer, cargo handling, and the proper method of conducting a pre-trip inspection. Covers applicable federal regulations including hours of service requirements and Commercial Driver's Licensing (CDL) requirements and distribution channels. Also includes methods of managing speed effectively, responding to road and weather conditions, and accident scene management. Course meets for 160 hours, including classroom and practice driving. Upon completion of the course, TBCC schedules the CDL Class A Pre-Trip, Backing, and Driving tests, (additional fee, paid by the student.) PREREQUISITE: Oregon CDL Learner Permit, DOT physical, driving record check, drug screen, and background check. Course limited to 4 students per section. For more information and to register, please contact JoAnn Critelli at 503-842-8222 x1320 or [joanncritelli@tillamookbaycc.edu](mailto:joanncritelli@tillamookbaycc.edu).

CED 1180-01	9/21/2020 – 10/16/2020		Fees \$5,000
MTWRF	8:00 am – 5:00 pm	CCC MERTS Campus	James Crowe
CED 1180-02	10/26/2020 -11/20/2020		Fees \$5,000
MTWRF	8:00 am – 5:00 pm	TBCC & Port of Tillamook Bay	James Crowe

### Healthcare Professionals

#### Phlebotomy I

C

40 hours of classroom instruction in anatomy and physiology of the circulatory system, specimen collection, specimen processing and handling, and laboratory operations (e.g., safety, quality, control, etc.). This course also includes a skills component to prepare students for clinical experience in Phlebotomy II. Enrollment is limited. Successful completion of this course, high school graduation (or equivalent), and 100 hours of clinical experience (Phlebotomy, Part II) will qualify participants to take the ASCP Phlebotomy Technician examination for certification. Phlebotomy II requires (through an authorized service provider) a criminal background check, 10-panel drug screen, immunizations and CPR card before placement into clinical sites. Cost of background check and screening (approximately \$147) is born by student, payable to authorized service provider and must be completed before the completion of Phlebotomy I. Further details provided on the first day of Phlebotomy I. Contact JoAnn Critelli at (503) 842-8222 x1320 or [joanncritelli@tillamookbaycc.edu](mailto:joanncritelli@tillamookbaycc.edu) for information regarding screenings with authorized provider. Non-credit Work-Source Scholarships are available. Register online at [www.tillamookbaycc.edu](http://www.tillamookbaycc.edu) or with Student Services at TBCC.

PHET 930F 01	9/21/2020–12/4/2020	Tuition \$408	Supply Fees \$50
TR	3:30 PM – 5:30 PM	TBCC 101	Jodi Richardson
<ul style="list-style-type: none"> <li>AH 101-01 is the four credit undergraduate Phlebotomy I option. Speak with your advisor to discuss financial aid possibilities.</li> </ul>			

# WORKFORCE AND CAREER TRAINING FALL 2020

## Customized Training - Employee Development

At TBCC we know that people make the difference. We create professional training solutions for your business's needs. We work in partnership with qualified, statewide industry experts to create training options that will help you meet your goals. The training programs and resources of TBCC assist in developing a skilled workforce and managers to support your success as an organization. By identifying your challenges, we will rapidly customize a solution for your specific business needs.

### Examples of Training Topics

- Employee, Supervisor, and Leadership Training
- Management and Employee Communication Skills
- Project Development and Management
- Continuous Improvement and Lean Processes
- Ethics and Social Responsibility within Decision Making
- Organization Specific Training

Learn it today, apply it tomorrow, and create future business success. Contact JoAnn Critelli at 503-842-8222 x1320.

## Small Business Development Center

### Ready, Set, Start Your Business!

C

This course is helpful for anyone who wants to start and sustain a successful small business. Learn how to evaluate a business idea and whether it's right for you. Find resources helpful for small businesses. Review the pros and cons of different forms of ownership. Discuss why businesses succeed or fail. For more information, contact 503-842-8222 x1420 or [tillamooksbdc@bizcenter.org](mailto:tillamooksbdc@bizcenter.org).

SBD 1136-01 R	9/10/2020 10:00 am – noon	PRI #114	Fees \$20
SBD 1136-02 F	9/25/2020 5:30 pm – 7:30 pm	PRI #114	Fees \$20
SBD 1136-03 W	10/7/2020 4:00 pm – 6:00 pm	PRI #114	Fees \$20
SBD 1136-04 R	10/22/2020 11:30 am – 1:30 pm	PRI #114	Fees \$20
SBD 1136-05 W	11/4/2020 5:00 pm – 7:00 pm	PRI #114	Fees \$20
SBD 1136-06 S	11/21/2020 10:00 am – 12:00 pm	PRI #114	Fees \$20
SBD 1136-07 T	12/1/2020 2:00 pm – 4:00 pm	PRI #114	Fees \$20
SBD 1136-08 M	12/14/2020 9:00 am – 11:00 am	PRI #114	Fees \$20

# WORKFORCE AND CAREER TRAINING FALL 2020

## Small Business Development Center Cont.

### What's Your Plan: Writing a Compelling Business Plan

C

A business plan provides a roadmap to business success, helps in raising capital, and provides a way to communicate a business concept. Students will have access to LivePlan software to create their business plan. In this class you will learn:

- What a business plan is
- Why a business plan is so important
- Who will read your business plan
- How to put a business plan together
- Resources for businesses and much more.

Students who complete this program and finish their business plan within 3 months can apply for \$125 reimbursement of class fees. For more information, contact 503-842-8222 x1420 or [tillamooksbdc@bizcenter.org](mailto:tillamooksbdc@bizcenter.org).

Class is every other Monday for eight weeks.

SBD 1148-01	10/5/2020, 10/19/2020, 11/2/2020, 11/16/2020	Fees \$175
M	5:30 pm – 7:30 pm	PRI #105 Arlene Soto

### QuickBooks Pro for Business

C

Good financial information is key to business success. Come learn how to maintain accurate accounting records using QuickBooks. Participants receive a 500 page book published by Labyrinth Learning to guide them through the basics of using QuickBooks. Hands-on, interactive sessions include instructor led discussion, work with QuickBooks software for the online or desktop version, and time for questions and answers. For more information, contact 503-842-8222 x1420 or [tillamooksbdc@bizcenter.org](mailto:tillamooksbdc@bizcenter.org). Class is five, four hour sessions. One-on-one business advising at the business site is also available.

- Learn to use the popular accounting package QuickBooks Pro
- Understand the benefits and drawbacks of using this software
- Explore tricks to make using QuickBooks easier in business

SBD 5130-01	9/12/2020 - 10/10/2020	Fees \$285
S	9:00am – 1:00pm	PRI #105 Teri Fladstol

### Oregon Real Estate Broker Pre-Licensing

C

The Tillamook Bay Small Business Development Center is pleased to offer this new training opportunity. Attend this accelerated real estate broker license course designed to prepare you for the Oregon real estate broker license exam. This course is the fastest way to qualify to take the state exam and meets all of the Oregon Real Estate Agency pre-license criteria. Classes are every Thursday evening, excluding Thanksgiving. You must have online capacity, self-study, attend all evening sessions, and attend a 9am to 5pm exam preparation day on Saturday, December 12th. Additional 10-15 hours per week of online home study required. Taught by an experienced principal broker. For more information call 503-551-4467 or email [stacey@sts.careers](mailto:stacey@sts.careers). Materials provided.

SBD 5180-01	10/1/2020 - 12/10/2020, 12/12/2020	Fees \$650
RS	5:30pm – 8:30pm	Zoom/Online Janda Fleming

# WORKFORCE AND CAREER TRAINING FALL 2020

## Small Business Development Center Cont.

### Construction Contractors Board (CCB) Training and Exam Prep

C

This two-day live class will prepare you for the exam and teach you how to set up your contracting business for success. The registration fee of \$355 includes all class sessions, class materials, a copy of the current edition of the Oregon Contractor's Reference Manual, chapter quizzes, and two 80-question practice exams. For more information, contact 503-842-8222 x1420 or [tillamooksbdc@bizcenter.org](mailto:tillamooksbdc@bizcenter.org). Minimum of 5 enrolled students to run this class; if this is not met, class will be cancelled.

SBD 8301-01	10/16/2020, 10/17/2020		Fees \$355
FS	8:00am – 6:00pm	PRI #114	Judy Beebe

### Small Business Management I

Operating a successful business isn't just luck, it's knowing how to understand business concepts and use them effectively. Every day opens doors to opportunity and presents threats that could cause failure. This 9 month class meets once a month and includes one-on-one confidential business mentoring, textbooks, market research, peer networking, financial analysis, subject expert guest speakers, and more. For info on registration and scholarships, contact 503-842-8222 x1420 or [tillamooksbdc@bizcenter.org](mailto:tillamooksbdc@bizcenter.org). Session topics include:

- Oct. Establishing Business Direction – Learn how to create a strategic direction for your business.
- Nov. Strategic Planning – Using the strategic direction from session one, develop a meaningful strategic plan.
- Dec. Succession Planning – Learn why it's important to develop an exit strategy early and work toward maximizing value in the business operation.
- Jan. Image & Branding – Learn about the value of a strong business brand and how to maintain a positive image in the market.
- Feb. Great Customer Service Skills – Develop ways to continuously improve the experience customers have when they buy from you.
- Mar. Growing Your Business – Learn what it means to grow a business and what it takes to be successful.
- Apr. Understand Financial Statements – Use the financial information in your business to build profitability.
- May Managing Cash Flow – Learn where cash is being used wisely or wasted in your business.
- Jun. Finding \$\$\$ – Learn the various ways to fund business needs.

SBD 9028 01	second Wednesday of the month, October-June	Fees \$900
10/14/2020, 11/18/2020	12/09/2020, 01/13/2021, 02/10/2021, 03/10/2021, 04/14/2021, 05/12/2021, 06/9/2021	
W	5:00 pm – 8:00 pm	Main Campus #214 Arlene Soto/Teri Fladstol

### Launch Your Business Academy – Spanish and English

C

When you own your own business you will often find yourself working in the business and never on the business. This program is a great opportunity to refocus and take the next steps for building and strengthening your business. Class topics include business positioning, working on your mission and vision, evaluating your strengths/weaknesses/opportunities/threats (SWOT), gaining financial management skills, and more! This is also a great opportunity to network with other small businesses in the area. The program is taught by Dr. Alberto Flores of Oregon Coast Community College.

SBD 2101 01	10/9/2020 – 10/10/2020	Fees \$175
FS	9:00am – 5:00pm	Dr. Alberto Flores
	PRI #114	

REGISTRATION OPENS AUGUST 17, 2020

WWW.TILLAMOOKBAYCC.EDU

FALL TERM



# Online Learning

anytime, anywhere . . .

## Online Career Training Programs

Prepare for employment with a comprehensive, affordable, and self paced online Career Training Program. You can begin these Programs at any time and learn at your own pace.

The classes are convenient for mobile, on-the-go lifestyles.

- 6–18 Month Format
- Student Advisors
- All materials included

### Programs Include:

- **Process Technician**
- **Quality Inspector**
- **Robotics Technician**
- **Digital Marketing**
- **Grant Writing**
- **Management Training**
- **Customer Service Training**



Visit our website to find a course!

[careertraining.ed2go.com/tbcc](http://careertraining.ed2go.com/tbcc)

## Hundreds of Instructor-Led Online Short Courses

Our instructor-led online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners.

New course sessions begin monthly, are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more.

- 6 Week Format
- Monthly start sessions
- Discussion Areas
- Expert Instructors

### Categories Include:

- **Arts and Design**
- **Business**
  - Keys to Effective Communication
- **Computer Science**
  - Creating Web Pages
- **Language**
  - Spanish for Medical Professionals
  - Spanish for Law Enforcement
- **Legal**
- **Math and Science**
- **Test Prep**
- **Writing**

[ed2go.com/tbcc](http://ed2go.com/tbcc)



# COMMUNITY EDUCATION FALL 2020

## Fall TERM DISCLAIMER

Due to restrictions related to the corona virus pandemic, community education, continuing education, and workforce development classes will be held if TBCC and our partner organizations we are allowed to provide face-to-face instruction and if social distancing/safety protocols can be met. The goal is the safety of students and compliance with restrictions outlined by the Governor's Executive Order to ensure the safety of Oregon residents.

**The following courses are all subject to change based on the Governor's Executive Order. The most up to date information regarding the status of classes for the term will be available at [www.Tillamookbaycc.edu](http://www.Tillamookbaycc.edu).**

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## Important Information about Registration

Tillamook Bay Community College's (TBCC) Community and Continuing Education program provides lifelong learning opportunities. The classes in this program are non-credit and taken for personal enrichment, interest, fitness, or to enhance work skills.

TBCC enjoys its partnerships with the YMCA, and North County Recreational District (NCRD) for fitness and health classes, and with the Small Business Development Center (SBDC) for business development.

### How to Read Course Information:

The course title is listed in bold on the top line, along with county locations. Beneath the course description is the course code (listed in bold), the dates and times held, the location and room, the day(s) of the week class is held, and the instructor's name(s).

### How to Register:

Visit or contact our partners directly for registration, partner course descriptions include registration contact information.

For all other non-credit courses offered through TBCC please register using the Non-Credit Registration Form found on page 41. You may mail the form with payment to:

Tillamook Bay Community College  
Attn: Student Services  
4301 Third Street  
Tillamook, OR 97141

### Register early!

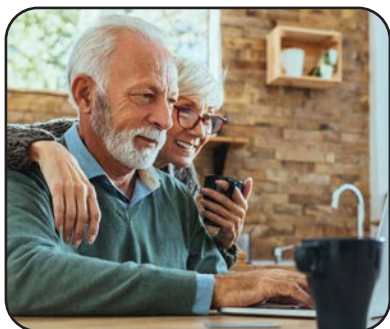
Some classes fill quickly and classes not meeting the minimum enrollment may be cancelled. Please see Policies and Information regarding class cancellation refunds.

### Have an idea for a class?

TBCC is always interested in exploring new offerings. Ideas and requests for classes are welcome. For more information contact JoAnn Critelli at 503-842-8222 ext.1320 or [joanncritelli@tillamookbaycc.edu](mailto:joanncritelli@tillamookbaycc.edu).

# COMMUNITY EDUCATION FALL 2020

## Get a Boost with Community Education this fall at TBCC!



### **Genealogy/Family History**

Learn the best methods to research, document, and preserve your family's story. Form a cohesive narrative and discover hereditary traits, traditions, and connections. See more on page 32.

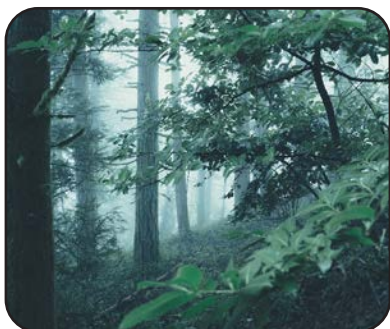
### **Seniors and Basic Computing Skills**

Learn or refresh the skills you need to feel confident online and with basic applications. See Ron Neu's class on page 32.



### **Retiring? Plan Your Next Steps**

Pat Arcady's online workshop will help brainstorm a retirement plan full of new ideas and activities, establishing your Core Needs for a fulfilling and engaging retirement. See page 31 to register, and start building a plan for the next chapter of your life.



### **Oregon's Trees**

Whether to simply enjoy and understand the trees around us better or to plan landscaping decisions in your life, Dave Wells two part series, found on page 31, teaches the characteristics and factors influencing a tree's growth and health.



### **Honey Bees**

Check out Intro to Beekeeping on page 30 to find out all about the financial and environmental impact this unique insect has on our world.

# COMMUNITY EDUCATION FALL 2020

## Professional Development

### Diversity, Equity and Inclusion in the Workplace

C

Communicate more effectively the needs and responsibilities within a diverse population.

Develop strategies that enhance relationships and build individual and resource productivity. Analyze individual actions and behaviors that may impact our understanding of equity and inclusion. Denise is prepared to offer the class via Zoom if face to face classes are cancelled due to COVID restrictions.

CED 2026-01	9/25/2020–10/16/2020		Fees: \$89
F	1:00 PM – 5:00 PM	TBCC 105	Denise Reed

### Financial Workshop for Individual Investors

C

This course will focus on setting goals, minimizing risks, and simply making good investment decisions. Topics will include certificates of deposit, government bonds, tax-free bonds, mutual funds, stocks, annuities, retirement plans, and individual portfolio development tailored to each unique financial situation.

CED 6521-01	10/06/2020-10/20/2020		Fees: \$20
T	6:00 – 8:00 PM	TBCC 103	Brett Hurliman

## Personal Development

### DRIVER INSTRUCTION

**\*\*\*While under the Covid-19 Executive Order the 30 hour classroom instruction will be offered online, the 12 hour driving instruction will take place once restrictions are lifted.\*\*\***

### Driver Education for High School Students with Permit

C

This ODOT certified class includes 30 hours of instruction and 12 hours in the car (6 hours behind-the-wheel instruction and 6 hours in-car observation). Drive times are scheduled in addition to the classroom time. Course Requirements: Teens must be 15-17 years old and complete the course before their 18th birthday. Attendance at ALL online sessions are mandatory. Missed sessions must be made-up at an additional cost. Mandatory parent/teen orientation is held online. \$75 scholarship available to students who provide proof of Free or Reduced Lunch from their school. Please contact Jerry at 541-961-9753, email [two@trainingwheelsoregon.com](mailto:two@trainingwheelsoregon.com) or Facebook at Training Wheels Driver Education and Training for class registration and payment. Course fee \$275.

CED 1120-01	TBA		Jerry Conrady
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## EARTH MATTERS

### Introduction to Beekeeping

C

This class is for those thinking about becoming beekeepers or those simply interested in learning more about honeybees. Students will learn how bees are cared for and handled in hives, including the specific challenges honeybees and beekeepers face in Tillamook's climate.

CED 2068-01	12/2/2020, 12/4/2020		Fees \$20
WF	1:00 pm – 4:00 pm	TBCC 105	Claire Moody

# COMMUNITY EDUCATION FALL 2020

## EARTH MATTERS CONTINUED

### Oregon's Big Trees

C

Have you marveled at an enormous tree along a trail? This course teaches the potential size of various trees, the environmental conditions that favor their growth, and how proximity and density of other trees effect a tree's health. This information will help individuals understand forestry decisions while also guiding landscaping projects of their own. One class session will meet in Tillamook's forestland to observe and note beneficial conditions.

CED 1146-01	9/8/2020–09/22/2020		Fees \$35
T	6:00 pm – 8:00 pm	TBCC 103	Dave Wells

### Trees of Tillamook

C

Trees and forests are integral to the ecology, economy and enjoyment of Tillamook County. This 3-week class will cover identification of native tree species, how trees grow, and give an overview of the Oregon Forest Practice Act including how to access online information. This class will enhance your ability to share and understand a great Oregon story: Tillamook's forests. One class will meet in the forestland to identify various species and characteristics of trees.

CED 1143-01	10/6/2020 – 10/20/2020		Fees \$35
T	4:00 pm – 6:00 pm	TBCC 103	Dave Wells

## DISCOVERY AND ACHIEVEMENT

### Beginning Guitar

C

Long-time guitar player, guitar teacher and band member, Richard Paris, will teach students basic forms of the most commonly used chords and strumming patterns. Students will learn some music theory and become able to recognize basic music notations. They will learn about root notes and song keys, and they will learn to play common major and minor scales. By the end of this class each student will be able to play a song or songs in their area of interest.

CED 1024-01	9/21/2020 – 11/23/2020		Fees \$79
M	6:00 pm – 8:00 pm	TBCC 203	Richard Paris

### I'm Retiring . . . Now What? How Do I Make the Next Chapter of My Life Fulfilling?

C

Most people spend more time planning a two-week vacation than they do their retirement years!

This online workshop dedicates time for thoughtful and fun planning for our lives after work. Through exercises, we will identify our Core Needs, which represent the experiences that keep us fulfilled, happy, and engaged. Everyone has unique Core Needs that drive our personal effectiveness: key elements to a meaningful, satisfied life.

Anchoring around these Core Needs, we'll design personal, unique blueprints — fluid and flexible plans grounded in our individual circumstances and values — to maximize the joy in retirement. Please register by October 1, 2020. Zoom conference information and workshop materials supplied after registration (similar private consultation value \$495).

CED 7105-01	10/10/20		\$129 plus \$30 material fees
S	9:00 am -- 12:30 pm	Zoom/Online	Pat Arcady

# COMMUNITY EDUCATION FALL 2020

## Personal Development

### DISCOVERY AND ACHIEVEMENT

#### Genealogy

C

We will delve into the booming social skill of family history and genealogy and focus on developing solid research and organizational skills to properly analyze genealogical sources and records. We will cover the basics of getting started, vital records, census records, land records, internet genealogy sources, and DNA (genetic genealogy).

CED 2066-01	9/21/2020 – 11/30/2020		Fees \$79, Supply \$5
M	1:00 pm – 2:30 pm	TBCC 107	Brad York

#### Seniors and Basic Computers

C

Are you looking for a basic computer class or a quick refresher? Adults (55 and older) will learn the basics of email, email attachments, how to upload and download, store documents and photos whether on computer/laptop, tablet or smartphone. Some class time will be devoted to recognizing spam, when to call for help and who to call for help.

CED 7061-01	10/5/2020-10/19/2020		Fee \$35
M	10:00 am – 12:00 pm	TBCC 107	Ron Neu



# COMMUNITY EDUCATION FALL 2020

## Fitness and Health - YMCA

The following classes are provided in partnership with YMCA. Register and pay for these courses at the YMCA. "Y" stands for YMCA member. "NY" stands for non-member. Please call (503) 842-9622 for more information. The YMCA reserves the right to make changes without prior notice.

**PROGRAMMING IS SUBJECT TO CHANGE DUE TO RESTRICTIONS RELATED TO THE COVID-19 CRISIS. FOR ACCURATE COURSE INFORMATION PLEASE VISIT THE YMCA WEBSITE.**

### AQUATIC FITNESS

#### Aqua Strut (Water Walking) C

This Class is performed primarily in shallow water and is designed to improve cardiovascular fitness, muscular strength and endurance, flexibility, and body composition. For people of all ages. No swimming skills required. \$Y-0 NY-110

CED 8511-01	9/21/2020 – 12/4/2020		
MWF	8:00 am – 9:00 am	YMCA Therapy Pool	Linda Josi

#### Deep Water Fitness C

With the aid of the Aqua Jogger, participants are suspended in the water without their feet touching the bottom. Movements involve use of hands, arms, legs and feet, creating a total body workout. \$Y-0 NY-78/110

CED 8513-01	9/21/2020 – 12/4/2020		
MWF	9:00 am – 10:00 am	YMCA Therapy Pool	Susan Urrey
CED 8513-02	9/22/2020 – 12/3/2020		
TR	7:30 am – 8:30 am	YMCA Therapy Pool	Sharon Shreve
CED 8513-03	9/21/2020 – 12/4/2020		
MWF	5:30 pm – 6:30 pm	YMCA Therapy Pool	Susan Urrey

#### Hydro HIT/Swim HIT C

Hydro Hit: High intensity anaerobic intervals with attention to muscle balance. Shallow water, no swim skills required. \$Y-0 NY-78

CED 8546-01	9/22/2020 – 12/3/2020		
TR	8:30 am – 9:15 am	YMCA Competition Pool	Sherryl Klingelhofer
Swim Hit: High intensity work such as repetitive diving and treading with weight, mixed with swimming and running with no flotation. Deep and underwater, some swim skills required. \$Y-0 NY-78			
CED 8546-02	9/22/2020 – 12/3/2020		
TR	9:15 am – 9:45 am	YMCA Competition Pool	Sherryl Klingelhofer

#### Joyful Joints C

Recreational, low intensity, low impact exercise class designed primarily for those with some form of arthritis. A medical consent form is recommended from the participant's health care provider before entering this class. \$Y-0 NY-78

CED 8503-01	9/22/2020 – 12/3/2020		
TR	10:00 am – 11:00 am	YMCA Therapy Pool	Lori Kaiser

# COMMUNITY EDUCATION FALL 2020

## Fitness and Health - YMCA Continued

The following classes are provided in partnership with YMCA. Register and pay for these courses at the YMCA. "Y" stands for YMCA member. "NY" stands for non-member. Please call (503) 842-9622 for more information. The YMCA reserves the right to make changes without prior notice.

**PROGRAMMING IS SUBJECT TO CHANGE DUE TO RESTRICTIONS RELATED TO THE COVID-19 CRISIS. FOR ACCURATE COURSE INFORMATION PLEASE VISIT THE YMCA WEBSITE.**

## AQUATIC FITNESS CONTINUED

### Mid-Morning Movers

C

This water fitness class is performed primarily in shallow water and is designed to improve cardiovascular fitness, muscular strength and endurance, flexibility and body composition. For men and women of all ages. No swimming skills required. \$Y-0 NY-110

CED 8509-01	9/21/2020 – 12/4/2020		
MWF	10:00 am – 11:00 am	YMCA Therapy Pool	Jim Jett

### Water Dance

C

For those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine, water dance blends dance and water resistance for one pool party you shouldn't miss! \$Y-0 NY-78

CED 2030-01	9/22/2020 – 12/3/2020		
TR	6:00 pm – 7:00 pm	YMCA Therapy Pool	Denise Beeler

## LAND FITNESS

### Bootcamp

C

Cardio and toning in an athletic-style workout that incorporates one or more of the following: weights, bands, steps, kettles, medicine balls, drills, obstacles, HIIT, and Tabata style formats. Class can be modified to fit your ability. You will love the variety that this class has to offer. \$Y-0 NY-45

CED 8605-01	9/23/2020 – 12/2/2020		
W	5:15 am – 6:15 am	YMCA STUDIO	Molly Carlson

### Cycling

C

Instructor-guided bike workout takes participants through warm-up, cardio, sprints, climbs, and cool-down. Space is limited, so arrive to class early to get your seat. \$Y-0 NY-45

CED 8532-01	9/23/2020 – 12/4/2020		
W	5:45 pm – 6:30 pm	YMCA CYCLING STUDIO	Eva Manderson

### Enhanced Fitness

C

Focus on dynamic cardiovascular exercise, strength training, balance, and flexibility--everything older adults need to maintain health and function as they age. In a typical class, participants will experience: a 5-minute warm up to get the blood flowing to the muscles; a 20-minute aerobic workout that gets participants moving, or a walking workout to lively music the class chooses; a 20-minute strength training workout with weights for each individual's needs; a 5-minute cool down; a 10-minute stretching workout to keep the muscles flexible. Balance exercises throughout the class. \$Y-0 NY-0

CED 8538-01	9/21/2020 – 12/4/2020		
MWF	10:00 am – 11:00 am	YMCA GYM	Galena Flores

# COMMUNITY EDUCATION FALL 2020

## Fitness and Health - YMCA Continued

### LAND FITNESS CONTINUED

#### Insanity

C

Extreme cardio conditioning for every fitness level. Together, you'll build strength, improve cardiovascular endurance, and develop precision and speed-without lifting a single weight. \$Y-0 NY-110

CED 1166-01	9/21/2020 – 12/4/2020		
MWF	8:30 am – 9:15 am	YMCA STUDIO	Galena Flores

#### On The Ball

C

This class is designed to improve strength and endurance of your core and back. We will focus on balance and stability while working with the ball and weights. An overall strengthening class. \$Y-0 NY-110

CED 8607-01	9/21/2020 – 12/4/2020		
MWF	7:00 am – 8:15 am	YMCA STUDIO	Darcy Fugate

#### Pilates on the Mat

C

Pilates is a method of exercise that consists of low-impact flexibility, muscular strength and endurance movement. Pilates emphasizes proper postural alignment, core strength and muscle balance. Pilates is named for its creator, Joseph Pilates, who developed the exercise in the 1920's. \$Y-0 NY-78

CED 8501-01	9/22/2020 – 12/3/2020		
TR	10:00 am – 11:00 am	YMCA STUDIO	Kelly Benson

CED 8501-02	9/22/2020 – 12/3/2020		
TR	5:30 pm – 6:30 pm	YMCA STUDIO	Kelly Benson

#### Qigong

C

Stressed? Seeking physical and mental balance? Want to boost your immune function and restore your body to optimal health? Qigong ("chee gong") is an ancient practice of postures and slow movements which has been shown to improve vitality and health, even reducing hypertension and chronic pain. This class focuses on breathing, stance, mind intent and movements to facilitate the flow of energy through the body. Participants can be seated or standing and movements can be performed by virtually anyone. Comfortable clothes and shoes recommended. \$Y-0 NY-0

CED 8601-01	9/22/2020 – 12/3/2020		
TR	8:00 am – 8:30 am	YMCA STUDIO	Michelle Jenck

#### Strength Train Together

C

This class will blast all your muscles with a high-rep weight training workout. Using an adjustable barbell, weight plates and body weight, this workout combines squats, lunges, presses and curls, with functional integrated exercises. Dynamic music and a motivating group atmosphere will get your heart rate up, make you sweat and push you to a personal best. \$Y-0 NY-45/78

CED 8519-01	9/21/2020 – 12/4/2020		
MF	5:15 am – 6:15 am	YMCA STUDIO	Sarah Patterson

CED 8519-02	9/22/2020 – 12/3/2020		
TR	10:00 am – 11:00 am	YMCA SOUTH GYM	Galena Flores

CED 8519-03	9/23/2020 – 12/2/2020		
W	5:30 pm – 6:30 pm	YMCA STUDIO	Sarah Patterson

# COMMUNITY EDUCATION FALL 2020

## Fitness and Health - YMCA Continued

### LAND FITNESS CONTINUED

#### Hatha Yoga Level 1

C

The heart of this practice is to increase strength, flexibility, and balance of body and mind by applying the principles of Hatha Yoga. Mon.: Deep Stretch, Wed.: Hard Work, Fri.: Restorative. \$Y-0 NY-110

CED 8590-01	9/21/2020 – 12/4/2020		
MWF	10:30 am – 11:30 am	YMCA STUDIO	Thea DeFeyter

#### Tai Chi Moving for Better Balance — Beginner

C

In addition to the recognized physiological and cognitive benefits of the practice of Tai Chi, this class improves strength, balance and coordination. Movements involve weight bearing and non-weight bearing stances, proper body alignment and coordinated movements conducted in a continuous, circular flowing motion. Continuous instruction on basic tai chi fundamentals. \$Y-0 NY-110

CED 8608-01	9/21/2020 – 12/4/2020		
MWF	8:30 am – 9:00 am	YMCA GYM	Thea Defeyter

#### Tai Chi/Qigong

C

In addition to the recognized physiological and cognitive benefits of the practice of Tai Chi, this class improves strength, balance and coordination. Movements involve weight bearing and non-weight bearing stances, proper body alignment and coordinated movements conducted in a continuous, circular flowing motion. \$Y-0 NY-110

CED 8608-02	9/21/2020 – 12/4/2020		
MWF	9:00 am – 10:00 am	YMCA GYM	Thea Defeyter

#### Zumba

C

Learn basic dance moves while burning stress and calories in this fun, welcoming group fitness class. Low to high intensity. Great for all fitness levels. \$Y-0 NY-45/78

CED 8516-01	9/22/2020 – 12/3/2020		
TR	8:30 am – 9:30 am	YMCA GYM	Sarah Patterson

CED 8516-02	9/22/2020 – 12/1/2020		
T	6:45 pm – 7:45 pm	YMCA STUDIO	Neri Perez

CED 8516-03	9/25/2020 – 12/4/2020		
F	5:30 pm – 6:30 pm	YMCA STUDIO	Neri Perez

# COMMUNITY EDUCATION FALL 2020

## Fitness and Health - North County Recreation District (NCRD)

The following classes are provided in partnership with the North County Recreation District (NCRD). Please contact NCRD for registration. Class fees are payable to NCRD. For more information, call 855-444-6273 (option 1).

**PROGRAMMING IS SUBJECT TO CHANGE DUE TO RESTRICTIONS RELATED TO THE COVID-19 CRISIS. FOR ACCURATE COURSE INFORMATION PLEASE VISIT THE NCRD WEBSITE.**

### AQUATIC FITNESS

#### Adult Swim Lessons

N

Swim instruction for all levels, from the basics to polishing of strokes for the advanced swimmer. If you've always wanted to learn how to swim, or if you want to improve your style, this is the class for you. Six lessons for \$36 payable to NCRD. Call (855)444-6273 prior to first lesson.

CED 1105-01	09/21/2020–12/14/2020		
M	11:30 am – 12:00 pm	NCRD POOL	Sue Dindia-Gray

#### AM-Aqua-fit Workout

N

Conducted in shallow water, aqua-aerobics combined with strength, balance and core stability exercises to increase mobility, build muscle and improve overall quality of life. Participants regulate the intensity of their workouts by using the resistance of the water making it effective for all fitness levels. \$75 payable to NCRD.

CED 8564-01	09/21/2020–12/18/2020		
MWRF	8:00 am - 9:00 am	NCRD POOL	Barbara McCann

#### Aqua Stretch

N

The main focus of this class is stretching to improve flexibility. The water's buoyancy aids balance and stability. The water's resistance adds a weight bearing component which increases strength and muscle tone. The warmth of the water allows soft tissues and muscles to stretch more comfortably making this a safe and enjoyable workout for all fitness levels. \$40 payable to NCRD.

CED 8557-01	09/12/2020–12/12/2020		
S	9:45 am - 10:45 am	NCRD POOL	Jennifer Childress

#### Deep Water Aqua-Exercise

N

Class is conducted primarily in deep water. Participants will wear an aqua jogger flotation belt to stabilize the core while working out. No swimming skills are required. Exercises will include stretching, toning, strengthening and cardiovascular. Beneficial for persons of all fitness levels. Participants will use the water's resistance to regulate the intensity of the workout. \$50 payable to NCRD.

CED 8560-01	09/22/2020–12/17/2020		
TR	7:15 pm - 8:15 pm	NCRD POOL	Nancy Smith

#### Water Therapy Exercise/Arthritis Foundation Program

N

For individuals with arthritis or back, knee, hip or other conditions that make exercise difficult. Participants will establish a regular water exercise routine designed to meet individual needs. This class will increase strength and stamina; build and tone muscles; improve circulatory & cardiovascular systems; and reduce stress and tension. This class is for those who want the benefit of water exercise without the fast-paced aerobic routine. \$60 payable to NCRD.

CED 8570-01	09/24/2020–12/17/2020		
R	9:15 am - 10:05 am	NCRD POOL	McCann/Smith



# COMMUNITY EDUCATION FALL 2020

## Fitness and Health - North County Recreation District (NCRD) Continued

The following classes are provided in partnership with the North County Recreation District (NCRD). Please contact NCRD for registration. Class fees are payable to NCRD. For more information, call 855-444-6273 (option 1).

**PROGRAMMING IS SUBJECT TO CHANGE DUE TO RESTRICTIONS RELATED TO THE COVID-19 CRISIS. FOR ACCURATE COURSE INFORMATION PLEASE VISIT THE NCRD WEBSITE.**

### LAND FITNESS

#### AM Boot Camp

**N**

Cardio and toning in an intense workout that incorporates weights, step drills, obstacles, ropes, Bosu's, medicine balls, sandbags, kettles and other fun workout equipment. Running/walking, HITT, and Tabata style formats. You will love the variety this class has to offer. Free to Fitness Center members. Non-members \$45 payable to NCRD.

CED 8589-01	9/20/2020 – 12/06/2020		
U	9:00 am - 10:00 am	NCRD GYM	Gina Grasseth

#### Core Pilates

**N**

The benefits of Pilates include a strong and toned core, improved flexibility and balance, long and lean muscles, and enhanced relaxation and stress relief. Your own body weight and standing and floor movements are used in class, while incorporating other tools such as bands, stability balls, Pilate rings, and light weights to increase overall strength. All levels of expertise from beginners to advanced are welcome. Free to Fitness Center members. Non-members \$80 payable to NCRD.

CED 8572-01	9/21/2020 – 12/09/2020		
MW	9:00 am - 10:00 am	NCRD GYM	Wendy Bakker

#### Group Strength

**N**

This class utilizes dumbbells, medicine balls, resistance bands and your own body weight for a non-stop, low impact workout targeting the entire body and improving posture. Designed for all fitness levels. Free to Fitness Center members. Non-members \$80 payable to NCRD.

CED 8586-01	9/22/2020 – 12/10/2020		
TR	9:00 am - 10:00 am	NCRD GYM	Gina Grasseth

#### Group Strength Training for Seniors

**N**

This class encourages a total body workout designed for all fitness levels. All movements are adapted for standing or sitting and are safely performed using a variety of modalities, i.e. free weights, bands, rings, balls, and your own body resistance. Benefits will include muscle strength/endurance, aerobic conditioning, increase in balance, joint flexibility, range of motion, decreased loss of bone mass, increased core strength, and elevated mood levels. Friendly and fun for all. Free to Fitness Center Members. Non-members \$70 payable to NCRD.

CED 8550-01	9/22/2020 – 12/10/2020		
TR	10:00 am - 10:50 am	NCRD GYM	Debbie Crosman

#### Intro to PiFlow

**N**

All levels of fitness welcome! This class combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility advantages of adding movement, all while working on balance. It is a low impact workout that leaves your body looking long, lean and incredibly defined. Free to Fitness Center Members. Non-members \$80 payable to NCRD.

CED 1135-01	9/21/2020 – 12/09/2020		
MW	5:30 pm – 6:30 pm	NCRD GYM	Wendy Bakker

# COMMUNITY EDUCATION FALL 2020

## Fitness and Health - North County Recreation District (NCRD) Continued

### LAND FITNESS CONTINUED

#### PM Boot Camp

N

If you are looking for a challenging workout that will take you to a new level of fitness, then this is the one for you. A mixture of calisthenics, body weight, strength training, core development and intervals will leave you feeling exhausted, yet exhilarated. Free to Fitness Center members. Non-members \$80 payable to NCRD.

CED 8556-01	9/22/2020 – 12/10/2020		
TR	5:30 pm - 6:30 pm	NCRD GYM	Gina Grassetth

#### Steady at the Barre

N

Wellness starts with a strong body. Strength can be achieved in many different ways. Steady at the Barre will guide you through a series of exercises that stabilize and strengthen the core, increase flexibility and balance, and define your body, as well as challenge your mind/body connection. Free to Fitness Center members. Non-members \$45 payable to NCRD.

CED 8588-01	9/25/2020 – 12/11/2020		
F	9:00 am - 10:00 am	NCRD GYM	Rosa Erlebach

#### Stretch/Flex/Balance

N

This class is designed to erase the tension brought by everyday stress. Exercises are designed to increase dynamic balance while improving core strength, flexibility, and overall strength. Movements flow gently from one to another with deep breathing as a guide. You will walk out of class feeling relaxed and revitalized. Free to Fitness Center members. Non-members \$90 payable to NCRD.

CED 8571-01	9/21/2020 – 12/11/2020		
MWF	10:00 am - 11:00 am	NCRD GYM	Erlebach/Knapp

#### Tai Chi: Movement for Better Balance

N

A progressive class of twelve traditional Tai Chi movements proven to be effective in increasing balance, core strength and flexibility. Class starts from the beginning series each term. For all levels. Free to Fitness Center Members. Non-members \$80 payable to NCRD.

CED 8585-01	9/21/2020 – 12/09/2020		
MW	11:00 am - 12:00 pm	NCRD GYM	Debbie Crosman

#### Zumba

N

A fun, energizing, Latin-inspired dance class that gets you moving. Easy to follow movements create an invigorating workout that tones your body from head to toe. For all fitness levels. Free to Fitness Center members. Non-members \$80 payable to NCRD.

CED 8553-01	9/22/2020 – 12/10/2020		
TR	6:30 pm - 7:30 pm	NCRD GYM	Rosa Erlebach

### YOGA

#### Classical Yoga

N

Start your weekend off right with a yoga practice emphasizing the spirit of yoga, classical postures, pranayama and guided relaxation. Using classical yoga as the context you will build a core of strength throughout the body and improve flexibility and balance. Appropriate for all levels. Free to Fitness Center members. Non-members \$65 payable to NCRD.

CED 8567-01	10/3/2020 – 12/19/2020		
S	8:00 am - 9:30 am	ZOOM	Lorraine Ortiz

# COMMUNITY EDUCATION FALL 2020

## Fitness and Health - North County Recreation District (NCRD)

The following classes are provided in partnership with the North County Recreation District (NCRD). Please contact NCRD for registration. Class fees are payable to NCRD. For more information, call 855-444-6273 (option 1).

**PROGRAMMING IS SUBJECT TO CHANGE DUE TO RESTRICTIONS RELATED TO THE COVID-19 CRISIS. FOR ACCURATE COURSE INFORMATION PLEASE VISIT THE NCRD WEBSITE.**

### YOGA CONTINUED

#### Chair Yoga

N

For those wishing to experience yoga with the support of a chair, this class offers classical yoga postures and breathing to awaken the senses, infuse energy, and expand a feeling of well-being, building strength, core strength, flexibility and balance. Each class ends with a guided relaxation and short meditation. Come ready to feel great! No prior yoga experience necessary, simply a curiosity about the benefits of this ancient practice and the willingness to give it a try. Wear comfortable clothing that allows easy breathing and freedom of movement. Free to Fitness Center members. Non-members \$65 payable to NCRD.

CED 8581-01

10/1/2020 – 12/17/2020

R

8:00 am - 9:30 am

ZOOM

Brook/Paulson

#### Feel Good Flow Yoga

N

Vinyasa is a flowing, dynamic practice that cultivates presence by connecting movement with breath. We begin with stillness. Then build strength and flexibility by moving into flow with rooted foundation and curiosity. Then, we put it all together and end where we began—shavasana. Level I-2. Free to Fitness Center members. Non-members \$65 payable to NCRD.

CED 1127-01

9/29/2020 – 12/15/2020

T

4:00 pm - 5:00 pm

NCRD GYM

Liz Carroll

#### Hatha for All

N

Students of all levels are welcome at this traditional Hatha practice that will challenge, invigorate, and renew. We'll explore the various aspects of Hatha-breath control, mind focusing, flexibility, strength, balance, and stamina building; and leave class with a satisfied body, calm and clear frame of mind, improved core strength and an uplifted spirit. Free to Fitness Center members. Non-members \$65 payable to NCRD.

CED 8580-01

10/1/2020 – 12/17/2020

R

5:45 pm - 7:15 pm

NCRD 5

Chick, Janac,  
Paulson, Pulitzer

#### Level I Yoga

N

A nurturing environment provides inspiration, patience, and breath awareness while practicing beginning classical yoga poses. Release tension, strengthen muscles, build core strength, increase balance and flexibility and let your spirit soar! Wear comfortable clothing that allows easy breathing and freedom of movement. Free to Fitness Center members. Non-members \$65 payable to NCRD.

CED 8562-01

9/28/2020 – 12/14/2020

M

5:15 pm – 6:45 pm

ZOOM

Tom Janac

# COMMUNITY EDUCATION FALL 2020

## Fitness and Health - North County Recreation District (NCRD)

### YOGA CONTINUED

#### Living Yoga

N

Yoga is the ancient art of living from the wisdom of the heart. Although many people seek out yoga mainly for the physical benefits, such as strength and flexibility, there is so much more to discover through a complete yoga practice, which includes dynamic meditation techniques and applied philosophy. Level 1-2 students are welcome to enjoy this alignment-based asana and meditation practice that will bring the body into balance, develop strength and focus the mind to express the wisdom of the heart. What happens on the mat can impact your life off the mat. Free to Fitness Center members. Non-members \$65 payable to NCRD.

CED 1128-01

10/2/2020 – 12/18/2020

F

10:00 am – 11:30 am

NCRD 5

Lynda Chick

#### Mid-Life Yoga

N

Discover the benefits of yoga in your 50s, 60s 70s and beyond! Creative stretches, classical yoga poses and simple explanations of anatomy combine to promote flexibility, balance, core strength and increased awareness, all in a supportive environment. Wear comfortable clothing that allows ease of movement. Class is available to all levels of practice, with modifications to suit your body and experience. Free to Fitness Center members. Non-members \$65 payable to NCRD.

CED 8582-01

9/30/2020 – 12/16/2020

W

8:00 am - 9:30 am

ZOOM

Janet Paulson

#### Restorative Yoga

N

The restorative yoga practice goes deep into the connective tissue and releases tension throughout the body. Postures are held for extended periods and the use of props help to support and anchor the body. Breathing techniques and relaxation cues are given. The restorative practice ends with savasana (deep relaxation), leaving your body feeling deeply rejuvenated and ready for what comes next. Free to Fitness Center members. Non-members \$65 payable to NCRD.

CED 8558-01

9/30/2020 – 12/16/2020

W

5:00 pm – 6:00 pm

ZOOM

Liz Carroll

#### Very Gentle Yoga

N

Ready to explore yoga? Do you want to build your inner strength throughout your body, including core strength? Starting slowly and gently we'll learn body awareness while focusing on breath. Using classical yoga poses, we will explore the flexibility of the spine and the possibilities that yoga offers to improve/maintain balance. Each class ends with a guided relaxation and short meditation. Wear comfortable clothing that allows easy breathing and freedom of movement. Free to Fitness Center members. Non-members \$65 payable to NCRD.

CED 8565-01

10/2/2020 – 12/18/2020

F

8:00 am - 9:30 am

ZOOM

Lucy Brook

# STUDENT RESOURCES FALL 2020

## YOU CAN RIDE THE BUS TO TBCC



**The WAVE and TBCC have made it even easier to get your education!**

Obtain a current term sticker from Student Services and present your valid TBCC ID upon boarding for **FREE bus service** from Cannon Beach to Lincoln City, Oceanside to Tillamook Forest Center, and Tillamook Town Loop.

***\*Excludes all Portland intercity route services.***

For a complete schedule and more information call us at 503.842.8283 or visit us at: [tillamookbus.com](http://tillamookbus.com)

### TBCC Stop Times:

7:09 am
8:09 am
9:09 am
10:09 am
11:09 am
12:09 pm
1:09 pm
2:09 pm
3:09 pm
4:09 pm
5:09 pm
6:24 pm

## TBCC OFFERS LAPTOPS TO STUDENTS

If you need a laptop to take your classes, we offer a check out service through the library. You can contact the library at 503-842-8222 ext. 1720 to learn how. You can also access a Wifi connection on campus or in the TBCC parking lot using the Wifi code that is available to students.

If you are having trouble getting the tools you need to be successful, please contact our student services team who can assist you to learn what is available to help you including emergency funds. They can be reached at [studentservices@tillamookbaycc.edu](mailto:studentservices@tillamookbaycc.edu) or 503-842-8222 ext. 1100.

## FLASH ALERT EMERGENCY NOTIFICATIONS

What's the best way to get up to the minute information about campus weather-related delays or closures, and other TBCC facilities related information? Sign up for FlashAlert and receive notifications on the device of your choice. TBCC uses FlashAlert to send out this information to participants as well as to the Portland news networks.

It is quick and easy to sign up, and there is no cost! To register go to:

<http://flashalert.net/news.html?id=4003>

Our I.T. team is available to assist you in registering if needed, (503) 842-8222 ext. 1610 or 1620.



# STUDENT RESOURCES FALL 2020

## JOIN A STUDENT SUCCESS COHORT!



Are you a first-year student? Our **BRIDGES** cohort program can help you get off to a strong start in college during your first term of enrollment.

Students who enroll in the **BRIDGES** program will meet twice per term with an advisor and have the chance to:

- Receive a \$200 Scholarship
- Qualify for Study Hall/ Tutoring Incentive Program
- Receive 1-on-1 support from a College Success Coach
- Participate in Enrichment Workshops:
  - a. Career Readiness and Planning
  - b. Financial Aid & Scholarships
  - c. Health & Wellness
  - d. University Transfer Exploration & Preparation
- Quarterly Free Lunch Socials for ALL group members

## NAVIGATORS

Are you a second-year student who needs assistance with what comes after completing your degree?

Join the student cohort program for second-year students called **NAVIGATORS**! Students enrolled in this program can receive:



- A \$200 Scholarship
- Free Career & Life Planning
- 1-on-1 support from a Transfer Success Coach
- Participate in Enrichment Workshops:
  - a. Career Readiness & Planning
  - b. Financial Aid & Scholarships
  - c. Health & Wellness
  - d. University Transfer Exploration & Preparation
- Quarterly Free Lunch Socials for ALL group members.
- Field trips to University Campus Sites



*Support when you need it.*

For more information about **BRIDGES** or **NAVIGATORS**, contact Student Services at (503) 842-8222 ext. 1100 or [studentservices@tillamookbaycc.edu](mailto:studentservices@tillamookbaycc.edu).

# FINAL EXAM SCHEDULE FALL 2020

Final exams are scheduled for the last week of each term. All final week classes will be held, but how the time is used is the instructor's prerogative. The final week schedule is subject to change if circumstances such as college closure occur and make-up of class time is necessary. Certain time increments are available to instructors who need to schedule make-up exams.

**All night classes (beginning 5:30 PM or later) will take the final exam during finals week.** For classes that meet regularly on two evenings (e.g., Tuesday and Thursday), the exam will occur on the last evening during finals week.

1. No student will be required to take more than two back-to-back examinations.
2. No student will be required to take more than three exams in one day.
3. Students may select which course's final exam to reschedule if item number 1 or 2 occurs. Schedule the make-up exam with the instructor.
4. If item number 1 or 2 occurs, it is the student's responsibility to notify the instructor prior to the originally scheduled exam and arrange item number 3.
5. **All make-up exams under item number 3 must be completed** by 5:00 PM on the final day of the term.
6. Finals shall be given during the final week unless otherwise approved by the Vice President of Instruction.

## Prerequisites

Many credit classes require prerequisites. Prerequisites are conditions that must be met in order to gain access to a particular class. These conditions are usually the completion of, or enrollment in, other courses, achieving specific placement test scores, or by departmental approval. If a course has a prerequisite, it will be listed with the course description. If you believe that you meet the prerequisite yet are not being allowed to enroll, contact your advisor. If you do not meet the prerequisite but still wish to be considered, contact the instructor. If you have any other questions, contact Student Services at (503) 842-8222, ext. 1100.

## Grades

Grades are posted on MyTBCC at [www.tillamookbaycc.edu](http://www.tillamookbaycc.edu). If you have questions or need additional help, call the Registrar at (503) 842-8222, ext. 1045.

## Statement of Nondiscrimination

It is the policy of Tillamook Bay Community College and its Board that there will be no discrimination or harassment on the grounds of race, color, sex, marital status, sexual orientation, religion, national origin, age, disability, height/weight ratio, organizational affiliation, or political affiliation in any educational programs, activities or employment. Lack of English language skills will not be a barrier to admission or participation in career and technical education programs. Persons having questions about nondiscrimination should contact:

- *Title II and Title IX Coordinator, Pat Ryan, Director of Facilities, Human Resources, Safety, 4301 Third Street, Tillamook, Oregon, Room 122, Phone (503) 842-8222, ext. 1020 or TDD (503) 842-2467*
- *Section 504 Coordinator, Rhoda Hanson, Vice President of Student Services, 4301 Third Street, Tillamook, Oregon, Room 116, Phone (503) 842-8222, ext. 1110*

## Student Rights/Responsibilities

TBCC provides educational opportunities for a wide variety of individual and community needs. Rules and regulations regarding student conduct assure an atmosphere conducive to pursuing an education. At the same time, students have certain rights guaranteed to them by the Constitution. The Student Rights and Responsibilities information is available in the TBCC Catalog, the TBCC Student Handbook, and on the college web site at [www.tillamookbaycc.edu](http://www.tillamookbaycc.edu).

## Student Disclosure Statement and Consumer Information

The Student Disclosure Statement (as required by the Higher Education Act), including important information on financial assistance opportunities, rules and regulations, institutional programs and policies, graduation and transfer rates, security policies and crime statistics, Campus safety and Security, and student rights under the Family Education Rights & Privacy Act, is available in Student Services and in the TBCC Catalog which is posted on the TBCC website at: <https://tillamookbaycc.edu/about-tbcc/security-safety-and-equal-opportunity/>

# POLICIES & INFORMATION FALL 2020

## Golden Age Discount

Individuals 62 years of age and older are eligible for a Golden Age Discount. The Golden Age Discount applies to tuition only for credit courses. Individuals must complete an application and obtain a Golden Age Card. Students must meet all the admission and course requirements in order to enroll in the course (e.g. Application for Admission, verification of course pre-requisites). All course fees must be paid in full.

### Golden Age Discount Option One:

The college will provide a 50 percent discount on tuition when students with a Golden Age Card register at any time during the registration period.

### Golden Age Discount Option Two:

The college will waive all tuition for credit course audits when space is available in the class. The student must register for the course only on or after the first meeting of the course each term. Students who register prior to the first day of the term should use Option One. These tuition waivers require instructor permission, which must be obtained through an instructor signature in the audit section on the TBCC Registration and Change Form.

## Adding or Dropping a Course

Courses may be added or dropped online at [www.tillamookbaycc.edu](http://www.tillamookbaycc.edu) by clicking on the link to MyTBCC during the regular registration period, or by filing a Registration & Change Form with Student Services. During the first week of the term, courses can be dropped online or in person at Student Services. The deadline to drop and have charges removed varies by course length and type. The drop deadline for credit courses is published in the quarterly Schedule of Classes. Students receiving financial aid should check with their academic and/or financial aid advisor before dropping a class. Dropping or withdrawing from a class can affect financial aid eligibility.

## Dropping a Course

Prior to the published drop deadline, students may drop any registered course by completing the official drop process. Such action will result in no charges for the course or courses (or reimbursement if the charges have already been paid). The course or courses will not appear on the student's transcript. If dropping a class changes level of enrollment it may affect any Federal Financial Aid or veteran's benefits that the student is eligible to receive.

## Withdrawing from Courses

Students may formally withdraw from courses by filing a Withdrawal Form with Student Services. If the student has applied for financial aid or veteran's benefits, they must also notify the appropriate office of intention to withdraw. Withdrawing will result in a grade of "W" appearing for the course or courses on the transcript. There is no refund available on withdrawal from courses after the first week of class. Students may withdraw from a course through the end of the 8th week of classes.

## Refunds for College Preparation Courses

Students who officially drop from an ABE/GED/ESOL course during the first week of the course will receive a refund.

## Refunds for Credit Courses

Students who officially drop a credit course during the first week of the term will receive a refund. A student unable to complete a course due to hardship may follow TBCC's petition process as appropriate. If granted, the student will receive a voucher to help defray the cost of retaking the class.

## Refunds for Community & Continuing Education Courses

Early registration is encouraged for all courses. A decision to cancel a course, based on enrollment or instructor availability, may be made as many as ten days prior to the start date. Courses are cancelled by the Vice President of Instruction or his/her designee. Generally, the criterion for such cancellation is an enrollment of less than ten students or the guarantee set by the College. However, depending upon individual course circumstances, courses may be offered with fewer students. Refunds will be made if the course is cancelled by TBCC. Students must drop a course before the start date to receive a refund. Students requesting special consideration for refunds after the refund deadline should submit a Student Account Petition Form to the Business Office. Agencies offering courses in partnership with TBCC have their own refund policies.

## Official Withdrawal

Students may formally withdraw from courses by filing a Withdrawal Form with Student Services. Students doing a complete withdrawal may be required to repay certain amounts of financial aid. Again, it is important that if students are receiving financial aid or veteran's benefits, they contact the appropriate office with intent to withdraw. The withdrawal date is based on the date that the college is provided with "official" notice of withdrawal. Official notice occurs when the Student Services Office is notified of the intent to withdraw.

# POLICIES & INFORMATION FALL 2020

## Unofficial Withdrawal

An unofficial withdrawal takes place when a student does not provide the college with official notification. Students who stop attending without formally withdrawing will receive the grades assigned by their instructors and will be responsible for payment of tuition and fees. The date of withdrawal for Title IV purposes will be based on the best available academic record. A withdrawal date will be determined by the college when one of these four instances occurs:

- The date the student begins the college's withdrawal process.
- The date the student officially notified the Registrar of intent to withdraw in writing.
- The midpoint (50%) of the term if the student withdraws without notifying the college.
- The last due date of attendance at an academically-related activity as documented by the college.

## Students with Disabilities

Disability Services collaborates with students, staff, faculty, and community members to create inclusive, equitable, diverse, and sustainable learning environments for all. Tillamook Bay Community College provides a wide range of in-class and campus access services to students who experience documented disabilities. The department is a resource for creative problem-solving to enhance access in the areas of admission/registration assistance, advising, and advocacy for course accommodations, including:

- Test accommodations (extended time, reduced distraction, reader, scribe);
- Alternate format (computer text with digital audio, Braille);
- Technology (computer software and hardware and other devices);
- Service Providers (video-remote sign language interpreting); and
- Accessibility information, maps, and basic mobility orientation.

## Student Complaints

For assistance, support, or help in obtaining information about complaint procedures and resolving problems, please contact the following:

- Disability Services: Rhoda Hanson, Vice President of Student Services  
(503) 842-8222, ext. 1110.
- Sexual Harassment: Rhoda Hanson, Vice President of Student Services  
(503) 842-8222, ext. 1110.
- Harassment based on race/ethnicity/national origin: Pat Ryan, Facilities, H.R. and Safety  
(503) 842-8222, ext. 1020.
- Students' rights, responsibilities, and conduct: Rhoda Hanson, Vice President of Student Services  
(503) 842-8222, ext. 1110.
- Academic grievances: Teresa Rivenes, Vice President of Instruction  
(503) 842-8222, ext. 1030.
- Other harassment: Rhoda Hanson, Vice President of Student Services  
(503) 842-8222, ext. 1110.

**Students can directly access detailed information about the student grievance procedures in the general catalog on the College website <http://www.tillamookbaycc.edu/catalog>.**

## Drug Free School and Workplace

TBCC recognizes controlled substance abuse as illegal and interfering with effective teaching, work, and the development of a safe and healthy environment for learning. The college has a fundamental legal and ethical obligation to prevent controlled substance abuse and to maintain an alcohol/drug free work and educational environment.

See the college website, [www.tillamookbaycc.edu](http://www.tillamookbaycc.edu) for detailed information on drugs and their harmful effects, counseling and assistance programs, state and federal laws, and college policies pertaining to the illegal use of drugs.

# DIRECTORY FALL 2020

## Helpful Telephone Numbers:

### Main Phone (503) 842-8222

TDD ..... (503) 842-2467  
 Main Fax ..... (503) 842-8334  
 Office of Instruction ..... ext. 1080  
 Business Office ..... ext. 1220  
 Community & Continuing Education ..... ext. 1320  
 Facilities/ Human Resources ..... ext. 1020  
 President's Office ..... ext. 1015  
 Small Business Development Center ..... ext. 1420

## Full-time Faculty

Tom Atchison ..... ext. 1815  
 Ron Carlborn ..... ext. 1845  
 Chris Carlson ..... ext. 1835  
 Michele DeGraffenreid ..... ext. 1830  
 Sydney Elliott ..... ext. 1825  
 Geza Laszlo ..... ext. 1820  
 Bob Pietruszka ..... ext. 1805  
 John Sandusky ..... ext. 1875  
 Michael Weissenfluh ..... ext. 1810

## Student Services

Central Campus, 1st Floor Lobby  
 (503) 842- 8222, ext. 1100  
 8:30 AM - 4:30 PM, Monday, Thursday,  
 Friday  
 8:30 AM - 7:00 PM Tuesday, Wednesday  
[studentservices@tillamookbaycc.edu](mailto:studentservices@tillamookbaycc.edu)

## Career Education Advising

Student Services, Central Campus, 1st  
 Floor Lobby  
 (503) 842- 8222, ext. 1155 & 1150  
[Kelliemckeehan@tillamookbaycc.edu](mailto:Kelliemckeehan@tillamookbaycc.edu)  
[Saramustonen@tillamookbaycc.edu](mailto:Saramustonen@tillamookbaycc.edu)  
 8:30 AM - 4:30 PM

## Disability Services

Student Services, Central Campus, 1st  
 Floor Lobby  
 (503) 842- 8222, ext. 1100  
 8:30 AM - 4:30 PM, Monday - Friday  
[studentservices@tillamookbaycc.edu](mailto:studentservices@tillamookbaycc.edu)

## Veterans Educational Benefits

Student Services, Central Campus, 1st  
 Floor Lobby  
 (503) 842- 8222, ext. 1130  
 8:30 AM - 4:30 PM, Monday - Friday  
[sallyjackson@tillamookbaycc.edu](mailto:sallyjackson@tillamookbaycc.edu)

## Financial Aid

Student Services, Central Campus, 1st  
 Floor Lobby  
 (503) 842- 8222, ext. 1130  
[tbccfinancialaid@tillamookbaycc.edu](mailto:tbccfinancialaid@tillamookbaycc.edu)  
 8:30 AM - 4:30 PM, Monday - Friday

## Grades / Student Records

Student Services, Central Campus, 1st  
 Floor Lobby  
 (503) 842- 8222, ext. 1145  
 8:30 AM - 4:30 PM, Monday - Friday  
[robertmoore@tillamookbaycc.edu](mailto:robertmoore@tillamookbaycc.edu)

## TBCC Store / Cashier

Central Campus, 1st Floor Lobby  
 Phone: (503) 842-8222, ext. 1240 or 1220  
 Fax: (503) 842-8334  
[paymentinformation@tillamookbaycc.edu](mailto:paymentinformation@tillamookbaycc.edu)

Current term textbooks and pricing are  
 available through the TBCC Store or at  
<http://tillamookbaycc.edu/online-bookstore/>

## Regular Office Hours

*Monday - Friday, 8:30 AM to 4:30 PM*

## Library

Central Campus, 2nd Floor near balcony  
 (503) 842-8222, ext. 1720  
 9:00 AM - 5:00 PM, Monday - Thursday  
 (After Sept. 21 open until 7:00 PM)  
 9:00 AM - 4:30 PM, Friday  
*Library hours are subject to change when  
 classes are not in session.*

## OSU Open Campus

503-842-3433  
 TBCC Partners for Rural Innovation  
 Center, Room 113  
 4506 Third Street, Tillamook

## Change Log-In Password

- Go to [www.tillamookbaycc.edu](http://www.tillamookbaycc.edu)
- Click on MyTBCC
- Log In to MyTBCC by using your User Name (Student ID #) and Password
- Click on person icon & choose My Profile & Settings
- Click on my password and privacy
- Enter your new password



# ACADEMIC AND TRAINING PROGRAMS FALL 2020

Tillamook Bay Community College offers a variety of certificates and degrees that can help lead to careers in a variety of fields. The college has an open admission policy; students must apply for admission and register for credit classes. The college will take steps to ensure that the lack of English language skills will not be a barrier to admission, participation in career technical education programs, or access to services, or activities.

## Transfer & General Studies Degrees

Intended for students who want to transfer to a 4-year college or university and earn a Bachelor's degree.

- Associate of Arts Oregon Transfer
  - Oregon Transfer Module (1 year)
  - Major Transfer Module (1 year)
- Associate of Arts - Transfer: English
- Associate of Arts Oregon Transfer in Education
  - Elementary Education: Math
  - Elementary Education: Social Science
  - Elementary Education: Science
  - Elementary Education: Language Arts
- Associate of Science
- Associate of Science Oregon Transfer in Business
- Associate of Science in Forestry
- Associate of Science in Natural Resources
- Associate of Science in Animal Science
- Associate of Science in Agricultural Science
- Associate of Science- Transfer: Biology
- Associate of General Studies

## Associate of Applied Science (AAS) Degrees

Intended for students who want to earn a college degree and gain technical skills in a specific area.

- Agriculture Technology
- Business Administration (online)
- Criminal Justice and Public Safety
- Healthcare Administration
- Manufacturing and Industrial Technology
- Welding Technology

## Partnerships in Healthcare

Certificates and degrees are granted by partner colleges, but TBCC offers program prerequisites, general education requirements, and related coursework.

- Nursing AAS: Oregon Coast CC
- Diagnostic Imaging AAS: Linn-Benton CC
- Medical Laboratory Technology AAS: PCC
- Occupational Therapy Assistant AAS: Linn-Benton CC
- Pharmacy Technician Certificate: Central OR CC

## Career Technical & Career Pathway Certificates

Certificates are shorter than two-year degrees and help you get skills for jobs that are generally at the entry level. Below is a list of certificates available through TBCC.

### Business Administration Certificates

- Accounting Clerk
- Entry-Level Accounting Clerk
- Basic Computer Literacy
- Office Supervision

### Criminal Justice and Public Safety Certificates

- Corrections Technician
- Corrections Professional
- Law Enforcement Specialist

### Healthcare Certificates

- Basic Healthcare Certificate
- Emergency Medical Services (EMS)
- Certified Medical Assistant (CMA) Certificate
- Phlebotomy Technician Certificate

### Manufacturing and Industrial Technology Certificates

- Certified Production Technician
- MSSC CPT
- Welding Technology
- Manufacturing Technician (4 certificates) with specialization in:
  - o Welding
  - o Machining
  - o Millwright
  - o Electrical

### Welding Technology Certificates

- One-Year Welding Technology Career Pathway Certificate (CPC)
  - o Shielded Metal Arc Welding (CPC)
  - o Gas Metal Arc Welding (CPC)
  - o Gas Tungsten Arc Welding (CPC)

### Associate of General Studies

- Occupational Skills Training Certificate

## Non-Credit Training Certificates

- Truck Driver Training - CDL
- Phlebotomy Technician Non-credit or credit

## Part A: Course Registration Requests

1	Prefix - 4-digit number – section	Course Title:	Tuition	Fees
	Prefix - 4-digit number - section	Course Title:	Tuition	Fees
	Prefix - 4-digit number - section	Course Title:	Tuition	Fees

## Part B: Student Information

2	TBCC ID Number	Date of Birth (MM/DD/YY)	Gender	<input type="checkbox"/> Male <input type="checkbox"/> A Gender Not Listed	<input type="checkbox"/> Female <input type="checkbox"/> Decline to Answer
3	Last Name		Other Names Used		
4	First Name		Middle Name		

## Part C: Contact Information

5	Email Address	<input type="checkbox"/> Subscribe for up-to-date Community Education events and scheduling		
6	Mailing Address	City	State	ZIP
7	Mobile Phone Number	Alternate Phone Number		

## Registration Drops

	Prefix - 4-digit number - section	Course Title:
	Prefix - 4-digit number - section	Course Title:

## TBCC uses this information to better understand and serve our students:

Do you consider yourself to be Hispanic or Latino? <input type="checkbox"/> Yes <input type="checkbox"/> No	Select one or more of the following racial categories to describe yourself:  <input type="checkbox"/> American Indian or Alaskan Native <input type="checkbox"/> Asian <input type="checkbox"/> Black or African American <input type="checkbox"/> Native Hawaiian or Other Pacific Islander <input type="checkbox"/> White
Do you Speak a language other than English in your home? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Are you a veteran of the US Military <input type="checkbox"/> Yes <input type="checkbox"/> No	

## Part C: Registration Confirmation

9	My enrollment with Tillamook Bay Community College will signify my consent to and acceptance of all policies and procedures governing my enrollment, including financial liability. I understand that physical education classes, lab activities, and some courses may involve physical activity and exertion. By signing this agreement I agree to hold Tillamook Bay Community College harmless for any injury incurred as a result of my participation in these activities.	
Signature		Date (MM/DD/YY)

## DISCLOSURE STATEMENT

**RACE/ETHNICITY:** In compliance with State and Federal reporting requirements the College must seek to identify the ethnic background of the students. TBCC is legally required to maintain the confidentiality of this information. You may decline to provide the data without in any way prejudicing your enrollment.

**DISABILITY:** TBCC affirms the right of all individuals to equal opportunity in education and employment and will provide reasonable accommodations to individuals with disabilities. For assistance contact Disability Support Services (ext. 1140) or Affirmative Action Office (ext. 1020) at TBCC (503) 842-8222

**Remove this page.**  
**Once filled out, return to Student Services to move forward with registration.**

**Tillamook Bay Community College**  
**Attn: Student Services**  
**4301 Third Street**  
**Tillamook, OR 97141**

**Remove this page.**  
**Once filled out, return to Student Services to move forward with registration.**

# INSTRUCTOR HIGHLIGHT FALL 2020

## Jodi Richardson Emergency Medical Services Instructor

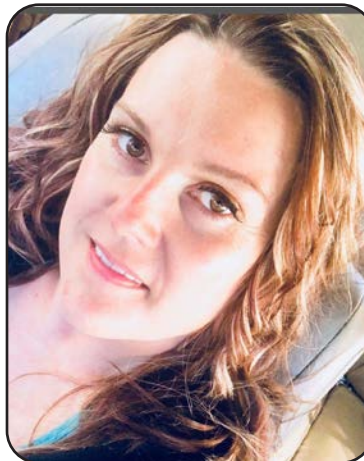
### Tell me about how you came to teach at TBCC?

I love telling everyone my story because I grew up here, and I was working as a waitress and just wasn't getting anywhere in life. My older sister was going to college here at the time and told me I needed to go back to school. I was about 23 at the time, and if it hadn't been for TBCC I would not be where I am today.

I came to TBCC for an Associates of Science and I wanted to go into nursing. I was heavy on my core classes and didn't have enough electives, so when EMS 100 came open I took it, and I thought wow this is really cool. So literally after two years at TBCC I changed my career path. I got my EMT and have been on ambulance since 2007 as an EMT. Then six years ago I transferred over to lab so I am a phlebotomy tech. Because of the certificates I could gain through TBCC my career just grew and really took off. So now, I get to work doing what I love and then turn around and teach as well. Adventist Health – Tillamook is such an amazing partner to TBCC and I feel so lucky that I get to work in two of the coolest places. I love this community and I've always loved this community.

### What do you like best about teaching at TBCC?

The staff is incredible. I love the mission, and the care and support of students and each other. I leave meetings and conversations feeling motivated, inspired, and excited to teach students. For such a small community college, the love and resources for students is incredible.



### Tell me about your teaching philosophy.

When students come to me and into my class my job is to share my passion and my love – literally - for EMS, for being kind and caring for others. If you don't have kindness you should not go into the medical field. You

can teach anybody skills but kindness is key. If I can inspire people by really being supportive and being approachable, if they can trust me and I can keep communication open – those are all really important to me. And of course bringing a lot of energy into the room every single time you teach.

### What advice do you have for TBCC students?

Take baby steps. Dip your toe in and see if you like it. And just remember that nothing is forever. When you're struggling during the term or life starts giving you a lot to overcome, look at what's in front of you and pick a little bit at a time and tackle that one thing. All of those little pieces will make a big picture. It can be so overwhelming and it's easy to just quit, but in the end you don't get anything good out of life if you just quit when it gets too hard.

### What do you like to do when you are not teaching?

Well I love my family more than anything in the world. The time that I spend working is so that I have time I can actually be with them and make memories. We like to ride horses and go fishing. Happy Camp is our favorite place in the whole world. Oh and corn hole has been a big competition lately with me and my kids.







**"I am not sure I would have done any of this without the Career-to-Career Scholarship.  
It made all the difference for me,"**

Stephanie Van De Hey, 2020 TBCC graduate and Career-to-Career Scholarship recipient.

**ACCEPTING SCHOLARSHIP APPLICATIONS THROUGH SEPT. 9**

**WWW.TILLAMOOKBAYCC.EDU + PAYING FOR COLLEGE**

#### **TBCC FOUNDATION SCHOLARSHIPS**

- Each scholarship is unique
- You do not have to have a perfect GPA to apply
- Some scholarships cover tuition while others may also cover: fees, books, living expenses, and childcare
- Some scholarships are awarded based on financial need
- Some are awarded based on merit such as your experience giving a helping hand in your community

#### **TBCC CAREER-TO-CAREER SCHOLARSHIP**

- Eligible students receive free tuition for up to two years
- The scholarship is open to Tillamook County residents who have at least five years of work experience, and are looking to transition into a new career, or advance at their current job
- Applicants meet with Student Services to determine eligibility
- You can attend full or part time