**EXAMPLE Week 1 Plan**

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| Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
| **General Plan**   * Prepare for Juntos Afuera * Get to know Extension * Get set up in the office * Learn your general schedule for the summer | | **General Plan**   * Prepare for Juntos Afuera * Internship Orientation * Research | | **General Plan**   * Juntos Afuera * Review journal entries from students, create a summary of the themes. * Can you think of a way to collect each student’s favorite photo of the day to show later? | | **General Plan**   * Travel to the Rinehart Clinic to promote Juntos Afuera | | **General Plan**   * Prepare for June Dairy Parade * Finish all remaining tasks * Review journal entries from students, create a summary of the themes. * Weekly Reflection | |
| ***Task*** | ***Due*** | ***Task*** | ***Due*** | ***Task*** | ***Due*** | ***Task*** | ***Due*** | ***Task*** | ***Due*** |
| Complete Extension Service Internship Program Learning Agreement contract with Megan | Monday or Tuesday | Attend Extension Internship Orientation | Tuesday from 2:30-4:30 | Help lead Xanpasuchil Flower making during Juntos Afuera |  |  |  | Prepare for June Dairy Parade | Saturday, June 26th |
| Make Journals for Juntos Afuera | End of day Tuesday, June 22nd | Login to Canvas and get to know the platform |  | Review Journal entries, create theme | Due Friday, June 25th |  |  |  |  |
| *Get to Know Extension*  research and paper | Friday, June 25th to Dusti and Megan | Research | Friday, June 25th | Take pictures at Juntos Afuera | Wednesday |  |  |  |  |
| Weekly reflection | Friday, June 25th to Dusti |  |  | Create a draft social media post about the first day of Juntos Afuera | Friday, June 25th |  |  |  |  |
| **Daily Reflection –**  Patience setting up  Learning how to use one drive, teams, file explorer  “Go slow to go fast later”- Megan | | **Daily Reflection –**  Got to make a lesson plan  Learned how to use the laminator  Highlight Made journals  Orientation meeting- learned what was expected of me | | **Daily Reflection –**  First day of Juntos Afuera  Activities (train, maze, big bands) Getting to know everyone  Did my Xempasuchil lesson  Made more paper flowers for float  Food was good  Journaling and hearing everyone Hearing everyone’s happy thoughts | | **Daily Reflection –**  Got to talk to families  Worked on speaking to families in Spanish and explaining what Juntos Afuera is  Met Angelica | | **Daily Reflection –**  Worked on the June dairy parade float,  Highlight got to add all of the flowers we had made and some from juntos afuera | |

**Weekly Reflection:** 1-page summary about the work of the week. What was most interesting? what new skills did you learn? What challenges did you face and how did you overcome them?

This week started off with getting everything set up which was a process. Starting out Megan told me that we needed to “go slow to go fast later” which really came into play this first week, but the wait was all worth it in the end. The first day was a lot of waiting but towards the end when one drive was finally set up, I was able to use and explore the program. I was also introduced to Teams which I had never heard of, but this form of communication is a lot faster and easier to use then email which was what I would regularly use.

The second day we still had to set up some monitors for me, but I got to see and learn at least a little about the technological side to setting up the computers. Tuesday I also got to work on the journals and make a lesson plan for Junto’s Afuera. Making the journals was the highlight of that day because I learned how to stich the journals together and use the laminator. I liked how when we were figuring out how to make the journals everyone shared their ideas to find the best option. Making the lesson plan was the hardest part of the day because I had never made one before and I realized how many steps a short lesson plan needs. I had to Think about the supplies, time, and participation of the students. With Nat’s help I was able to make the lesson plan and she helped me add things I had missed like questions I could ask the students and guided me through the organization of the lesson. Later that day I we also had an orientation meeting.

Wednesday was the first day of Juntos Afuera which in the morning I was able to continue work and review my lesson plan. At 10 am the students began to get here, and I was able to meet them. When I got my lesson started, I was very nervous but knowing at least two of the students made me feel better. I stared by passing out the tissue paper and showed them how to make the paper flowers. When they had all gotten started on them, they introduced each other, and I informed them on the cultural background of the flowers. The most challenging part of my lesson plan was making sure that the students understood the steps. At first, I waited and let them make the flowers but when I noticed students having trouble I started to go around and asked them if they needed help. Later that day we went out and did activities with Woody. I found it interesting how for every activity he always explained the purpose of the activity but let the students think and interpret it on their own way first. I I enjoyed this day because I got to work on my leadership and communication skills.

On Thursday Nat and I went to the fire station with members of the Rinehart Clinic to promote Juntos. What I struggled with the most was getting over my nerves and just presenting the families with clear information. At first, I spoke very fast but the more I spoke with families I was able to get more comfortable and fix the little mistakes I made in the begging of the day. I also got to meet Angelica and learn about her work and how they help Spanish speaking families in Tillamook County.

Friday was fun because I was able to work with the students and make the float for the parade. I enjoyed brainstorming with everyone to find the best was to do things and take input from the students. Teamwork was a main component of this day which made it possible for the float to be completed. On Saturday we were in the parade which was very fun, and I enjoyed getting to know the everyone better while having fun and throwing candy. Throughout the week I also worked on the research paper where I learned about the different programs in Tillamook that I had never heard of like StrongWomen.